



20 Lb (9.07 kg) Oven Ready Breaded Fish Patties, Approx. 3 oz

High Liner Breaded Fish Patties are generously portioned for entrées, sandwiches and more. They're coated with a signature-seasoned breading that seals in a special fish and shellfish blend, selected for their complementary flavor and texture profiles. This creates that sought-after combination of crispy crunch and moist, succulent fish, bite after bite. These versatile Fish Patties bake or deep-fry to perfection with almost no prep, consistently delivering the plate appeal you not only wish for, but demand.

Product Last Saved Date: 08 July 2025



# Nutrition Facts

107 Servings per container

**Serving Size** 1 Portion (84 g)

**Amount Per Serving**

**Calories** 220

% Daily Value\*

<b>Total Fat</b> 8 g	<b>10%</b>
Saturated Fat 1.5 g	<b>6%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 15 mg	<b>4%</b>
<b>Sodium</b> 480 mg	<b>21%</b>
<b>Total Carbohydrates</b> 25 g	<b>9%</b>
Dietary Fiber 5 g	<b>17%</b>
Total Sugars 2 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 14 g	
Vitamin D 0 mcg	0%
Calcium 60 mg	4%
Iron 2.2 mg	10%
Potassium 470 mg	10%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Product Specifications :**

Code	GTIN	Type Of Catch
10023192	00079149231927	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
22 LBR	20 LBR	N/A	Undeclared	No

**Shipping Information**

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.6969 INH	9.6969 INH	10.8937 INH	0.9596 FTQ	12x4	540 Days	-10 FAH / 0 FAH

**Ingredients :**

COD, POLLOCK, ARCTIC CHAR, FLOUNDER, HALIBUT, HOKI, TILAPIA, PINK SALMON, CHUM SALMON, HADDOCK, WHITING, SQUID, BLUE WHITING, SOY FLOUR, WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT FLOUR, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, SOYBEAN OIL AND/OR SUNFLOWER OIL), ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SODIUM ALGINATE, SALT, MUSTARD, DEHYDRATED GARLIC AND ONION, DRIED LEMON JUICE, YELLOW CORN FLOUR, CONCENTRATED LEMON JUICE, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SESAME OIL, DEXTROSE, CARRAGEENAN, BLEACHED WHEAT FLOUR, SODIUM CITRATE, SPICES, CHICKEN FLAVOR (CONTAINS HYDROLYZED CORN, SOY, WHEAT GLUTEN PROTEIN, AUTOLYZED YEAST EXTRACT, DEHYDRATED CHICKEN BROTH, CHICKEN FAT, THIAMINE HYDROCHLORIDE, CORN SYRUP SOLIDS), SUGAR, MODIFIED CELLULOSE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), HYDROLYZED SOY PROTEIN, WHOLE WHEAT FLOUR, NATURAL AND ARTIFICIAL FLAVOR (MALTODEXTRIN, INACTIVE YEAST, NATURAL AND ARTIFICIAL FLAVOR), NATURAL AND ARTIFICIAL FLAVORS, TORULA YEAST, GARLIC POWDER, CORN SYRUP SOLIDS, BEER (WATER, MALTED BARLEY, HOPS, YEAST, SELECT GRAINS), WHEAT STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CELLULOSE GUM, ENRICHED YELLOW CORN MEAL (CORN MEAL, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BEER FLAVOR (DRIED YEAST, MALT EXTRACT, CORN SYRUP, AUTOLYZED YEAST EXTRACT), YEAST, TAPIOCA DEXTRIN, ONION POWDER, MALTED BARLEY FLOUR, YEAST EXTRACT, DISODIUM GUANYLATE, DISODIUM INOSINATE, CORN STARCH, WHITE CORN MEAL, AUTOLYZED YEAST EXTRACT, NONFAT MILK, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, RICE FLOUR, WHEY, CITRIC ACID, SESAME SEEDS, WHITE CORN FLOUR, IODIZED SALT, WHOLE YELLOW CORN MEAL, SOY SAUCE [(FERMENTED SOYBEANS AND WHEAT, SALT), MALTODEXTRIN], MALTODEXTRIN, COCONUT OIL TRIGLYCERIDES, PALM OIL, GUAR GUM, VINEGAR, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), CARAMEL COLOR, YELLOW 5, YELLOW 6, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE). CONTAINS: FISH (COD, POLLOCK, ARCTIC CHAR, FLOUNDER, HALIBUT, HOKI, TILAPIA, SALMON, HADDOCK, WHITING, BLUE WHITING), WHEAT, SOY, MILK, EGGS, SESAME

**Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):**

Eggs - C	Milk - C	Soy - C
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - C

**Prep & Cooking Suggestions:**

COOKING INSTRUCTIONS FROM FROZEN: CONVENTIONAL OVEN: Bake from frozen at 425°F for about 20 minutes. CONVECTION OVEN: Bake from frozen at 400°F for about 15 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

**Serving Suggestions:**

The natural shape of these Breaded Fish Patties are a natural for sandwiches, a variety of entrées, or a special addition to platters. They pair well with any traditional seafood sauce or your

**Species / Scientific Name:**

Multiple Fish

**Claims & Child Nutrition:**

BAP Certified:  
MSC Certified:

own complementary sauce recipe.

Has CN Statement: No  
CN Statement:

