

# 550290 - WHOLE GRAIN ELBOW

The name derives from Italian maccheroni. Tubular, narrow curved pasta made from at least 51% whole-grain/whole wheat flour - one of the most common short shapes, good for most sauces as well as baked dishes. In Italy Maccherone (macaroni) refers to ALL dried pasta, in the US the term is often misused to refer to the Elbow shape.



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
9075-000	550290	10070753090754	1 / 2 / 10.0 Pound

Brand	Brand Owner	GPC Description
ZEREGA	A. Zerega's Sons, Inc.	Pasta/Noodles - Not Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
21 LBR	20 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TixHI	Shelf Life	Storage Temp From/To
15.25 INH	11.5 INH	7.25 INH	0.736 FTQ	10x7	365 Days	50 FAH / 80 FAH

## Nutrition Facts

160 Servings per container

**Serving Size** 56 g

**Amount Per Serving**  
**Calories** 210

% Daily Value\*

**Total Fat** 1 g **2%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%**

**Sodium** 0 mg **0%**

**Total Carbohydrates** 41 g **15%**

Dietary Fiber 3 g **12%**

Total Sugars 2 g

Includes Added Sugars %

**Protein** 8 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 10 mg 10%

Potassium %

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - MC
- Soy - N
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

## SERVING SUGGESTIONS



Great for hot and cold entrees, and side dishes

## INGREDIENTS



WHOLE DURUM FLOUR (WHEAT), SEMOLINA (WHEAT) OAT FIBER, NIACIN, IRON (FERROUS SULFATE) THIAMIN MONONITRATE, RIBOFLAVIN AND FOLIC ACID.

## HANDLING SUGGESTIONS



Dry Storage 55 - 95 degrees Farenheit

## PREPARATION & COOKING SUGGESTIONS



4-6 qts of water per 1 lb. pasta. Bring to rolling boil and add pasta. Sitr vigorously 15 seconds. Cook to recommended cook time. Drain pasta into prepared ice bath. Rinse with cold water and shake dry. Add vegetable oil to coat. Pasta can be stored up to 24 hours under refrigerated conditions.

## MORE INFORMATION



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## NUTRITIONAL ANALYSIS



Calories	210
Protein	8 g
Total Carbohydrates	41 g
Sugars	2 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	0 mg
Iron	10 mg
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



KOSHER	YES
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## MORE IMAGES

