

20 Lb (9.07 kg) Oven Ready Whole Grain Potato Breaded Alaska Pollock Wedges 3.6 oz, CN, MSC

Breaded with real potato, Oven Ready Whole Grain Potato Breaded Alaska Pollock Wedges provides a uniquely great tasting and exciting line of items. Portion controlled, easy to prepare and CN approved, it is ideal for schools and healthcare. Final product is value added and packed in US.

Product Last Saved Date: 07 January 2026



Nutrition Facts

89 Servings per container

Serving Size 1 Wedge (101g)

Amount Per Serving

Calories 210

% Daily Value*

Total Fat 11 g 14%

Saturated Fat 2 g **9%**

Trans Fat 0 g

Cholesterol 45 mg 15%

Sodium 330 mg 14%

Total Carbohydrates 13 g 5%

Dietary Fiber 1 g **3%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

Protein 14 g

Vitamin D 1.3 mcg 6%

Calcium 0 mg 0%

Iron 0.9 mg 4%

Potassium 310 mg 6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
53228	10070737532287	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
22 LBR	20 LBR	N/A	Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.8125 INH	11.8125 INH	11.125 INH	1.2025 FTQ	10x3	540 Days	-10 FAH / 0 FAH

Ingredients :

71.3% ALASKA POLLOCK; 28.7% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: DEHYDRATED POTATOES (POTATOES, MONO AND DIGLYCERIDES, DEXTROSE), WATER, CORN SYRUP, POTATO FLAKES (POTATOES, MONOGLYCERIDES), SALT, TAPIOCA STARCH, RICE FLOUR, POTATO STARCH, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, PALM OIL, DEXTROSE, SUGAR, NATURAL FLAVOR. PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - INII	Milk - INII	Soy - INII
Fish - C	Wheat - C	TreeNuts - INII
Peanuts - INII	Crustacean - INII	Sesame - INII

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: PLACE FROZEN PORTIONS ON A LIGHTLY OILED SHEET PAN. CONVECTION OVEN: PREHEAT OVEN TO 375°F AND BAKE FOR 15-18 MINUTES. CONVENTIONAL OVEN: PREHEAT OVEN TO 425°F AND BAKE FOR 20-25 MINUTES. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Serving Suggestions:

Ideal for entrées, sandwiches, dinner salads, and more. Pairs well with a variety of traditional sauces or your own complementary sauce recipes.

Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: Yes

CN Statement: ONE 3.60 OZ OVEN READY WHOLE GRAIN POTATO BREADED POLLOCK WEDGE PROVIDES 2.00 OZ EQUIVALENT MEAT AND 0.75 OZ EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.



CN Information:

CN Statement : ONE 3.60 OZ OVEN READY WHOLE GRAIN POTATO BREADED POLLOCK WEDGE PROVIDES 2.00 OZ EQUIVALENT MEAT AND 0.75 OZ EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.

Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.



**Oven Ready Whole Grain
Potato Breaded
Alaska Pollock Wedges
3.6 oz**

53228



EST. # 002

LOT #: 1234567890

CN 100012
ONE 3.60 OZ OVEN READY WHOLE GRAIN POTATO BREADED POLLOCK WEDGE PROVIDES 2.00 OZ EQUIVALENT MEAT AND 0.75 OZ EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 05/2022).

INDIVIDUALLY
QUICK FROZEN
KEEP FROZEN
DO NOT
REFREEZE

COOKING INSTRUCTIONS FROM FROZEN:
TO BAKE: PLACE FROZEN PORTIONS ON A LIGHTLY OILED SHEET PAN.
CONVECTION OVEN: PREHEAT OVEN TO 375°F AND BAKE FOR 15-16 MINUTES.
CONVENTIONAL OVEN: PREHEAT OVEN TO 425°F AND BAKE FOR 20-25 MINUTES.
NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

INGREDIENTS: 71.3% ALASKA POLLOCK; 28.7% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: DEHYDRATED POTATOES (POTATOES, MONO AND DIGLYCERIDES, DEXTROSE), WATER, CORN SYRUP, POTATO FLAKES (POTATOES, MONOGLYCERIDES), SALT, TAPIOCA STARCH, RICE FLOUR, POTATO STARCH, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, PALM OIL, DEXTROSE, SUGAR, NATURAL FLAVOR. PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL.
CONTAINS: FISH (POLLOCK), WHEAT



From an MSC certified sustainable fishery.
www.msc.org
MSC-C-50552

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NET WT 20 Lb (9.07 kg)



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