



High Liner Foodservice Signature, 4.54 kg / 10 lb, Individually Vacuum Packed Pacific Halibut Portions, approx. 170 g / 6 oz

Halibut has earned its reputation as the world's premium whitefish with firm, flaky texture and delicate slightly sweet flavour. All natural. No additives or preservatives.

Product Last Saved Date: 04 June 2025



Nutrition Facts

Servings per container
Serving Size Per about 1 portion (170 g)

Amount Per Serving
Calories 150

| | % Daily Value* |
|-------------------------|----------------|
| Total Fat 2.5 g | 3% |
| Saturated Fat 0.5 g | 3% |
| Trans Fat 0 g | |
| Cholesterol 85 mg | % |
| Sodium 115 mg | 5% |
| Total Carbohydrates 0 g | % |
| Dietary Fiber 0 g | 0% |
| Total Sugars 0 g | |
| Includes Added Sugars | % |

| | |
|------------------|-----|
| Protein 32 g | |
| Vitamin D | % |
| Calcium 10 mg | 1% |
| Iron 0.3 mg | 2% |
| Potassium 750 mg | 16% |

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

| Product Specifications : | | |
|--------------------------|----------------|---------------|
| Code | GTIN | Type Of Catch |
| 8900 | 10061763089005 | |

| Brand | GPC Description |
|----------------------------------|--|
| High Liner Foodservice Signature | Fish - Unprepared/Unprocessed (Frozen) |

| Gross Weight | Net Weight | Country of Origin | Kosher | Gluten Free |
|--------------|------------|-------------------|------------|-------------|
| 5.589 KGM | | | Undeclared | No |

| Shipping Information | | | | | | |
|----------------------|----------|----------|------------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 34 CMT | 27.4 CMT | 13.5 CMT | 0.0126 MTQ | 11x14 | 540 Days | |

| Ingredients : |
|--|
| Pacific halibut. Contains: Pacific halibut (fish). |

| Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'): | | |
|--|-----------------|---------------|
| Eggs - NI | Milk - NI | Soy - NI |
| Fish - NI | Wheat - NI | TreeNuts - NI |
| Peanuts - NI | Crustacean - NI | Sesame - NI |

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FOR BEST RESULTS, COOK FROM FROZEN. Cook until a minimum internal temperature of 158°F (70°C) is reached. To thaw, remove from all packaging and place in refrigerator overnight. Do not thaw in warm water or at room temperature.

Serving Suggestions:

Poach halibut in an aromatic broth with lemongrass and ginger. Goes great with roasted vegetables or smashed cauliflower.

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: No
CN Statement: