



High Liner Foodservice Signature, 4.54 kg / 10 lb, Individually Vacuum Packed Pacific Halibut Portions, approx. 170 g / 6 oz

Halibut has earned its reputation as the world's premium whitefish with firm, flaky texture and delicate slightly sweet flavour. All natural. No additives or preservatives.

Product Last Saved Date: 04 June 2025



Nutrition Facts

Servings per container
Serving Size Per about 1 portion (170 g)

Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 2.5 g	3%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 85 mg	%
Sodium 115 mg	5%
Total Carbohydrates 0 g	%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes Added Sugars	%
Protein 32 g	
Vitamin D	%
Calcium 10 mg	1%
Iron 0.3 mg	2%
Potassium 750 mg	16%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :		
Code	GTIN	Type Of Catch
8900	10061763089005	

Brand	GPC Description
High Liner Foodservice Signature	Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.589 KGM			Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
34 CMT	27.4 CMT	13.5 CMT	0.0126 MTQ	11x14	540 Days	

Ingredients :
Pacific halibut. Contains: Pacific halibut (fish).

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):		
Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FOR BEST RESULTS, COOK FROM FROZEN. Cook until a minimum internal temperature of 158°F (70°C) is reached. To thaw, remove from all packaging and place in refrigerator overnight. Do not thaw in warm water or at room temperature.

Serving Suggestions:

Poach halibut in an aromatic broth with lemongrass and ginger. Goes great with roasted vegetables or smashed cauliflower.

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: No
CN Statement: