



High Liner Foodservice Signature, 4.54 kg / 10 lb, Individually Vacuum Packed Pacific Halibut Portions, approx. 227 g / 8 oz

Halibut has earned its reputation as the world's premium whitefish with firm, flaky texture and delicate slightly sweet flavour. All natural. No additives or preservatives.

Product Last Saved Date: 17 February 2025



Nutrition Facts

Servings per container

Serving Size **Per 100 g**

Amount Per Serving

Calories **90**

% Daily Value*

Total Fat 1.5 g **2%**

Saturated Fat 0.3 g **2%**

Trans Fat 0 g

Cholesterol 50 mg **%**

Sodium 70 mg **3%**

Total Carbohydrates 0 g **%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes Added Sugars **%**

Protein 19 g

Vitamin D **%**

Calcium 10 mg **1%**

Iron 0.2 mg **1%**

Potassium 450 mg **10%**

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
8905	10061763089050	

Brand	GPC Description
High Liner Foodservice Signature	Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.482 KGM			Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
34 CMT	27.4 CMT	13.5 CMT	0.0126 MTQ	11x14	540 Days	-25 CEL / -18 CEL

Ingredients :

Pacific halibut. Contains: Pacific halibut (fish).

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FOR BEST RESULTS, COOK FROM FROZEN. Cook until a minimum internal temperature of 158°F (70°C) is reached. To thaw, remove from all packaging and place in refrigerator overnight. Do not thaw in warm water or at room temperature.

Serving Suggestions:

Poach halibut in an aromatic broth with lemongrass and ginger. Goes great with roasted vegetables or smashed cauliflower.

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: No

CN Statement:

