

200562 - Kellogg's All Bran Cereal Complete Wheat Flakes .88oz...



Greet your morning with Kellogg's All-Bran Cereals, a delicious, low-fat breakfast cereal made with simple, wholesome ingredients: A healthy, family-favorite cereal that's perfect for both kids and adults. Packaged in 96 individual vend bowls, Kellogg's All-Bran Complete Wheat Flakes is a great way to get your day going or as an on-the go snack.



MARKETING

Kellogg's All-Bran Complete Wheat Flakes are a great addition to a healthy breakfast; Each serving provides a good source of 9 vitamins and minerals as well as 16 percent of your recommended daily value of dietary fiber. Place in the cereal bar, near yogurt, fresh fruit and beverage area; This item is a good fit for Foodservice, Recreation, Lodging, Hospitals, Transportation, B&I, Colleges/Universities, Military, Caterers. Convenient, ready to eat cereal in .88oz bowls packaged for freshness and great taste, 96 case count, 16.800 IN x 13.500 IN x 13.500 IN. Packaged in 96 individual vend bowls, Kellogg's All-Bran Complete Wheat Flakes is a great way to get your day going or as an on-the go snack ...

Nutrition Facts

1 Servings per container	
Serving Size	1 Container
Amount Per Serving	
Calories	80
% Daily Value*	
Total Fat 0.5	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 180 mg	8%
Total Carbohydrates 20 g	7%
Dietary Fiber 4 g	16%
Total Sugars 5 g	
Includes 4 g Added Sugars	8%
Protein 3 g	
Vitamin D 1.3 mcg	6%
Calcium 0 mg	0%
Iron 7.2 mg	40%
Potassium 130 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
3800000696	200562	00038000006968	0.88 oz./96 ct.

Brand	Brand Owner	GPC Description
Kellogg's	Kellogg Company US	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.2 LBR	5.28 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.8 INH	13.5 INH	13.5 INH	1.77 FTQ	9x3	365 Days	35 FAH / 85 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Peanuts - 30
- Eggs - 30
- Tree Nuts - 30
- Soy - 30
- Fish - 30
- Wheat - C
- Shellfish - 30
- Sesame - 30

SERVING SUGGESTIONS

INGREDIENTS

INGREDIENTS: WHOLE GRAIN WHEAT, WHEAT BRAN, SUGAR, BROWN SUGAR SYRUP, CONTAINS 2% OR LESS OF salt, malt flavor. VITAMINS AND MINERALS: Reduced iron, niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin), folic acid, vitamin B12, vitamin D3.

HANDLING SUGGESTIONS

Dry

PREPARATION & COOKING SUGGESTIONS

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	80
Protein	3 g
Total Carbohydrates	20 g
Sugars	5 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	4 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	0 mg
Vitamin D	1.3 mcg
Vitamin E	
Folate	135 mcg
Vitamin B-6	
Sulphites	

Sodium	180 mg
Calcium	0 mg
Iron	7.2 mg
Potassium	130 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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