

Gold Medal

125263 - Gold Medal Muffin Mix Box Blueberry 6/4.87 LB

Gold Medal(TM) blueberry muffin mix in an easy, "just add water" format. Formulated to produce tender and moist muffins with sweet blueberries blended throughout. Includes a can of blueberries. Available in a cost-effective, 6- 4.87 lb bulk format for smaller operations.



MARKETING

A blueberry muffin mix in an easy, "just add water" format. Formulated to produce tender and moist muffins with sweet blueberries blended throughout. Includes a can of blueberries. Available in a cost-effective, 6- 4.87 lb bulk format for smaller operations. Golden brown baked color and bold mushroom shaped crown give muffins a desirable scratch like appearance. Muffins maintain fresh-baked appearance after 24 hours leading to more profit. Highly tolerant formulas forgive minor preparation errors and eliminate waste. Available in cost effective, 4.87 pound bulk format

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
11547000	125263	10016000115474	6/4.87 LB

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
34.100 LBR	29.22 LBR	No	United States	Yes	No

Shipping

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH

HANDLING SUGGESTIONS

Store in a cool, dry location. Muffin Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

SERVING SUGGESTIONS

Standard directions will produce 29--3.4 oz (#10 scoop) muffins per box. Mix can also be used for quick breads, coffee cakes, cookies, biscotti, and more.

PREPARATION & COOKING SUGGESTIONS

Follow instructions on the package

INGREDIENTS

INGREDIENTS: ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL. CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), MODIFIED WHEY, DEXTROSE, MONO AND DIGLYCERIDES, SALT, EGGS WITH SODIUM SILICOALUMINATE, XANTHAN GUM, NONFAT MILK, NATURAL FLAVOR, SOY FLOUR. CAN OF BLUEBERRIES  
 INGREDIENTS: BLUEBERRIES, WATER, LIQUID SUGAR.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30

MORE INFORMATION

Nutrition Facts

126 Servings per container  
 Serving Size 1/2 cup mix makes 2 muffins

Amount Per Serving  
**Calories** **300**

	% Daily Value*
<b>Total Fat</b> 8	<b>10%</b>
Saturated Fat 4 g	<b>19%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 5 mg	<b>1%</b>
<b>Sodium</b> 450 mg	<b>20%</b>
<b>Total Carbohydrates</b> 56 g	<b>20%</b>
Dietary Fiber 1 g	<b>4%</b>
Total Sugars 30 g	
Includes 28 g Added Sugars	<b>55%</b>

<b>Protein</b> 3 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1.5 mg	8%
Potassium 0 mg	0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

! Brazil Nuts - 30

! Pistachios - 30

! Walnuts - 30

! Molluscs - 30

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## NUTRITIONAL ANALYSIS



Calories	300
Protein	3 g
Total Carbohydrates	56 g
Sugars	30 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	8
Trans Fat	0 g
Saturated Fat	4 g
Added Sugars	28 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	450 mg
Calcium	0 mg
Iron	1.5 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



ARTIFICIAL_SWEETENERS	FREE_FROM	TRANS_FAT	FREE_FROM	ARTIFICIAL_FLAVOUR	FREE_FROM
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	KOSHER	YES	VEGETARIAN	YES

## MORE IMAGES

