



**High Liner Foodservice, 5.44 kg / 12 lb, 3 x (4 x 454 g / 1 lb),
Frozen Lobster Meat, Claw, Knuckle & Leg, Combo Pack,
Cooked, Dry Pack**

This High Liner Foodservice Lobster features fully cooked claw, knuckle and leg meat. Wild harvested from clear, cold Canadian east coast waters, the creamy texture and succulent, sweet flavour of this premium Lobster makes it ideal for salads, sandwiches, fried applications and more. It comes frozen to minimize food safety risk, offers easy thaw-and-serve prep, and is recipe-ready for whatever you have in mind. There's no easier way to add this truly sought after shellfish to your menu.

Product Last Saved Date: 05 March 2025



Nutrition Facts

Servings per container	
Serving Size	Per 100 g
Amount Per Serving	
Calories	80
% Daily Value*	
Total Fat 1 g	1%
Saturated Fat 0.2 g	1%
Trans Fat 0 g	
Cholesterol 145 mg	%
Sodium 490 mg	21%
Total Carbohydrates 0 g	%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes Added Sugars	%
Protein 19 g	
Vitamin D	%
Calcium 100 mg	8%
Iron 0.3 mg	2%
Potassium 225 mg	5%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :		
Code	GTIN	Type Of Catch
3592	10061763035927	

Brand	GPC Description
High Liner Foodservice	Shellfish Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.949 KGM			Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
25.5 CMT	18.6 CMT	18.5 CMT	0.0088 MTQ	25x4	720 Days	

Ingredients :
Lobster, Water, Salt. Contains: Lobster (crustaceans).

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):		
Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL READY TO USE TO THAW, remove product from vacuum pack and thaw in refrigerator overnight. DO NOT THAW in warm water or at room temperature. DO NOT REFREEZE PRODUCT AFTER THAWING. Consume thawed product within three days.

Species / Scientific Name:

Serving Suggestions:

Lobster Mac & Cheese Fritters; Lobster Poutine; Lobster Tacos with Spicy Sour Cream and Avocado Pico de Gallo; New England Style Lobster Rolls; Lobster Salad Croissant Sandwiches; Lobster Pasta with Herbed Cream Sauce.

Claims & Child Nutrition:

BAP Certified:
MSC Certified:
Has CN Statement: No
CN Statement:

