

200788 - Apple Cinnamon Cheerios Gluten Free Single Serve Bowl...

Enjoy the comforting taste of sweetened whole grain oat Apple Cinnamon Cheerios, a gluten-free cereal without artificial flavors or colors from artificial sources. Perfect for K-12 breakfast programs, each single-serve bowl offers portion control and room for milk. Ideal for a classroom or grab 'n go snack. Credits for 1 oz. equivalent grain , Smart Snacks compliant, and CACFP ...



MARKETING

K-12 Regulation Ready. 1 oz Equivalent Grain. Smart Snacks Compliant. CACFP Eligible.. Single-serve bowl offers portion control and room for milk, great for breakfast or snacks.. 96 - 1 oz single serve branded bowls per case, ideal for quick and easy service.. Delicious cereal with Apple cinnamon taste, and gluten-free. Whole grain-rich with no artificial flavors. . Kosher pareve, no high fructose corn syrup, made without gelatin, whole grain-rich.

Nutrition Facts

96 Servings per container

**Serving Size** 1 bowl

**Amount Per Serving**

**Calories** 110

**% Daily Value\***

<b>Total Fat</b> 2	<b>3%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 130 mg	<b>6%</b>
<b>Total Carbohydrates</b> 22 g	<b>8%</b>
Dietary Fiber 2 g	<b>9%</b>
Total Sugars 6 g	
Includes 6 g Added Sugars	<b>12%</b>
<b>Protein</b> 3 g	

Vitamin D	3 mcg	15%
Calcium	90 mg	6%
Iron	2.7 mg	15%
Potassium	0 mg	0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Product Identification							
Code		Dist Prod Code		GTIN		Calculated Pack	
31879000		200788		10016000318790		96/1 OZ	
Brand	Brand Owner			GPC Description			
Cheerios	GENERAL MILLS SALES INC.			Cereals Products - Ready to Eat (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
9.200 LBR	6.000 LBR	No		United States		Yes	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
16.750 INH	13.000 INH	14.120 INH	1.77900 FTQ	9x7	312 Days	32 FAH / 95 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors		
N/A		N/A	N/A		N/A		

HANDLING SUGGESTIONS

Keep in a cool, dry place

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soybean - 30
- Wheat - 30
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Brazil Nuts - 30
- Walnuts - 30
- X99 - UN
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30
- Pistachios - 30
- Molluscs - 30

INGREDIENTS

Whole Grain Oats, Sugar, Corn Starch, Apple Puree Concentrate, Canola and/or Sunflower Oil, Corn Syrup, Refiner's Syrup, Sat, Cinnamon, Trisodium Phosphate, Rosemary Extract, Vitamin E (mixed tocopherols Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate, Vitamin B2 (riboflavin) A B Vitamin (folic-acid), Vitamin B12, Vitamin D3.

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PREPARATION & COOKING SUGGESTIONS

Ready to eat

SERVING SUGGESTIONS

One Bowlpak

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	110	Total Fat	2	Sodium	130 mg
Protein	3 g	Trans Fat	0 g	Calcium	90 mg
Total Carbohydrates	22 g	Saturated Fat	0 g	Iron	2.7 mg
Sugars	6 g	Added Sugars	6 g	Potassium	0 mg
Dietary Fiber	2 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	3 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

SATURATED_FAT	LOW	SUGARS	REDUCED_LESS	GLUTEN	FREE_FROM
TRANS_FAT	FREE_FROM	CHOLESTEROL	FREE_FROM	WHOLE_GRAIN	CONTAINS
ARTIFICIAL_FLAVOUR	FREE_FROM	WHOLE_GRAIN	EXCELLENT_SOURCE_OF	MSG	FREE_FROM
CHOLESTEROL	LOW	ENERGY	SOURCE_OF	IRON	GOOD_SOURCE_OF
VITAMIN_D	GOOD_SOURCE_OF	ARTIFICIAL_SWEETENERS	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
VEGETARIAN	YES	FREE_FROM_GLUTEN	YES	KOSHER	YES

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