

# 200788 - Apple Cinnamon Cheerios(TM) Cereal Single Serve Bowlp...



Sweetened whole grain oat, gluten-free cereal with apple cinnamon taste in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.



## MARKETING

Sweetened whole grain oat, gluten-free cereal with apple cinnamon taste.. 96 - 1 oz single serve branded bowls per case. This ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab 'n go snack.. Contains no artificial flavors and no colors from artificial sources.. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain standard and whole grain-rich criteria.

## Nutrition Facts

96 Servings per container

**Serving Size**

**1 bowl (28g)**

**Amount Per Serving**

**Calories**

**110**

% Daily Value\*

**Total Fat** 1.5 **2%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%**

**Sodium** 110 mg **5%**

**Total Carbohydrates** 23 g **8%**

Dietary Fiber 2 g **7%**

Total Sugars 9 g

Includes 9 g Added Sugars **18%**

**Protein** 2 g

Vitamin D 3 mcg **15%**

Calcium 90 mg **6%**

Iron 2.7 mg **15%**

Potassium 0 mg **0%**

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
31879000	200788	10016000318790	96/1 OZ

Brand	Brand Owner	GPC Description
Cheerios	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
9.200 LBR	6.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.750 INH	13.000 INH	14.120 INH	1.77900 FTQ	9x7	312 Days	32 FAH / 95 FAH

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

## SERVING SUGGESTIONS

One Bowl/pack

## INGREDIENTS

Whole Grain Oats, Sugar, Corn Starch, Apple Puree Concentrate, Corn Syrup, Canola and/or Sunflower Oil, Refiner's Syrup, Salt, Cinnamon, Trisodium Phosphate, Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

## HANDLING SUGGESTIONS

Keep in a cool, dry place

## PREPARATION & COOKING SUGGESTIONS

Ready to eat

## MORE INFORMATION

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## NUTRITIONAL ANALYSIS



Calories	110
Protein	2 g
Total Carbohydrates	23 g
Sugars	9 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	9 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	3 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	110 mg
Calcium	90 mg
Iron	2.7 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



VITAMIN_D	GOOD_SOURCE_OF	CHOLESTEROL	LOW	IRON	GOOD_SOURCE_OF
CALCIUM	GOOD_SOURCE_OF	ARTIFICIAL_FLAVOUR	FREE_FROM	FIBRE	GOOD_SOURCE_OF
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	VITAMIN_D	EXCELLENT_SOURCE_OF	ARTIFICIAL_SWEETENERS	FREE_FROM
TRANS_FAT	FREE_FROM	GLUTEN	FREE_FROM	ENERGY	SOURCE_OF
WHOLE_GRAIN	CONTAINS	FAT	LOW	MSG	FREE_FROM
CHOLESTEROL	FREE_FROM	IRON	EXCELLENT_SOURCE_OF	FREE_FROM_GLUTEN	YES
VEGETARIAN	YES	KOSHER	YES	PLANT_BASED	YES

## MORE IMAGES

