682453 - Poppy Seed

Tiny round, slate blue seeds of the poppy plant. An agreeable nutty flavor but with no narcotic properties, poppy seed is used in baking and sweet salad and fruit dressings.



MARKETING



Amount Per Serving

.8 grams

Nutrition Facts

4248 Servings per container

Serving Size

Calories	4.26
	% Daily Value*
Total Fat 0.35 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrates 0.18 g	0%
Dietary Fiber 0.08 g	0.3%
Total Sugars 0 g	
Includes Added Sugars	%
Protein 0.14 g	
Vitamin D	%
Calcium	1.1%
Iron	0%
Potassium	%
* The % Daily Values (DV) tells you how much a nutrie	ent in a conving of food

^e The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS

Code	Dist Prod Code			GTIN			Calculated Pack				
7440			682453			20081274010401			6/20 oz		
Brand			Brand Owner		GPC Description						
Baron Spices, Inc.				Baron Spices, Inc.		Herbs/Spices (Shelf Stable)					
Gross Weig	ght	Net	Weight	Case	/Catch	Weight	ht Country Of Orig		rigin	Kosher	Child Nutrition
9 LBR		7	.5 LBR		No		AU, NL			Yes	No
Shipping											
Length	Width Heigh		: Vo	olume	TIxHI	SI	Shelf Life		Storage Temp From/To		
9.75 INH	7.5 I	NH	8.5 INH	0.:	36 FTQ	25x5	5	48 Days		60 FAI	1 / 70 FAH
Traceability Regulation											
· · · · ·		Regula	-	Trade Item Regulation Compliant		tion	Regulation Restrictions and Descriptors				
N/A N/A			N/A			N/A					

HANDLING SUGGESTIONS



ALLERGENS



Store in a cool, dry area in tightly sealed container.

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - N

Peanuts - N

(Eggs - N

Tree - N

Soybean - N

Fish - N

(Wheat - N

Shellfish - N

(%) Sesame - N

(!) Crustaceans - N

INGREDIENTS Poppy Seeds

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PREPARATION & COOKING SUGGESTIONS



SERVING SUGGESTIONS



MORE INFORMATION

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Ready to use. Sprinkle on or stir in and cook.

Salad dressings, dips, breads, rolls, cookies, fruit salads, pastry fillings, green beans, zucchini, potatoes, pastas, poultry dishes, stiry fry, cole slaw, pasta salads.

NUTRITIONAL ANALYSIS



Calories	4.26
Protein	0.14 g
Total Carbohydrates	0.18 g
Sugars	0 g
Dietary Fiber	0.08 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.35 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER

YES

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