

# 682453 - Poppy Seed

Tiny round, slate blue seeds of the poppy plant. An agreeable nutty flavor but with no narcotic properties, poppy seed is used in baking and sweet salad and fruit dressings.



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
7440	682453	20081274010401	6/20 oz

Brand	Brand Owner	GPC Description
Baron Spices, Inc.	Baron Spices, Inc.	Herbs/Spices (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
9 LBR	7.5 LBR	No	AU, NL	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
9.75 INH	7.5 INH	8.5 INH	0.36 FTQ	25x5	548 Days	60 FAH / 70 FAH

# Nutrition Facts

4248 Servings per container

**Serving Size** .8 grams

**Amount Per Serving**  
**Calories** **4.26**

% Daily Value\*

**Total Fat** 0.35 g **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%**

**Sodium** 0 mg **0%**

**Total Carbohydrates** 0.18 g **0%**

Dietary Fiber 0.08 g **0.3%**

Total Sugars 0 g

Includes Added Sugars %

**Protein** 0.14 g

Vitamin D %

Calcium 1.1%

Iron 0%

Potassium %

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

## SERVING SUGGESTIONS



Salad dressings, dips, breads, rolls, cookies, fruit salads, pastry fillings, green beans, zucchini, potatoes, pastas, poultry dishes, stiry fry, cole slaw, pasta salads.

## INGREDIENTS



Poppy Seeds

## HANDLING SUGGESTIONS



Store in a cool, dry area in tightly sealed container.

## PREPARATION & COOKING SUGGESTIONS



Ready to use. Sprinkle on or stir in and cook.

## MORE INFORMATION



## 682453 - Poppy Seed

Tiny round, slate blue seeds of the poppy plant. An agreeable nutty flavor but with no narcotic properties, poppy seed is used in baking and sweet salad and fruit dressings.

### NUTRITIONAL ANALYSIS



Calories	4.26
Protein	0.14 g
Total Carbohydrates	0.18 g
Sugars	0 g
Dietary Fiber	0.08 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.35 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS



KOSHER	YES
--------	-----

### MORE IMAGES

