

100684 - 51% WholeGrain JR Cheese-I/W-3.3oz/50ct

Offer a whole lot of goodness with our 51% Whole Grain Pretzels The perfect addition to any nutritious meal. Our soft, warm and delicious 51% whole grain pretzels with increased fiber and whole grain goodness. They're a great way to add excitement to school menus and more.



MARKETING

Provides various grains/breads for the Child Nutrition Program. Delivers up to 4 g fiber per pretzel, depending on size. Simply heat and serve



Nutrition Facts

50 Servings per container	
Serving Size	1 Pretzel
Amount Per Serving	
Calories	240
% Daily Value*	
Total Fat 8 g	10%
Saturated Fat 4 g	20%
Trans Fat 0 g	
Cholesterol 20 mg	7%
Sodium 620 mg	26%
Total Carbohydrates 38 g	13%
Dietary Fiber 3 g	12%
Total Sugars 2 g	
Includes Added Sugars	%
Protein 8 g	
Vitamin D	2%
Calcium	8%
Iron	10%
Potassium	4%
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

PRODUCT SPECIFICATIONS



Code	Dist Prod Code		GTIN		Calculated Pack	
31190	100684		10073321311909		case of 50	
Brand		Brand Owner	GPC Description			
SUPERPRETZEL®		J&J SNACK FOODS CORP.	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin		Kosher	Child Nutrition
11.3 LBR	10.3125 LBR	No	United States		Undeclared	No
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16 INH	9.375 INH	11.625 INH	1.0091 FTQ	13x6	365 Days	-10 FAH / 0 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS



Keep frozen until ready to use. One year shelf life if stored properly.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - C
- Shellfish - NI
- Sesame - N
- Crustaceans - N

INGREDIENTS



WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHEDDAR CHEESE SAUCE FILLING (CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES], WATER, MILKFAT, WHEY, ENZYME MODIFIED CHEESE [PASTEURIZED MILK, WATER, SODIUM PHOSPHATE, MILKFAT, SALT, CHEESE CULTURE, ENZYMES], SODIUM PHOSPHATE, FOOD STARCH-MODIFIED, SALT, LACTIC ACID, SODIUM ALGINATE, SORBIC ACID [AS A PRESERVATIVE], APOCAROTENAL [COLOR]), WATER, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING: SOYBEAN OIL, SUGARCANE MOLASSES, WHEAT GLUTEN, BARLEY MALT POWDER (BARLEY MALT FLOUR, DEXTROSE, WHEAT FLOUR), DOUGH CONDITIONER (WHEAT FLOUR, SALT, SOYBEAN OIL, L-CYSTEINE, ASCORBIC ACID, ENZYMES), ASCORBIC ACID, BICARBONATES AND CARBONATES OF SODA.

SUPERPRETZEL®

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PREPARATION & COOKING SUGGESTIONS

Lay frozen product flat on tray or microwave-proof container. Conventional Oven: Heat at 400°F for 4-6 minutes. Microwave for 50-70 seconds on HIGH. FILLING MAY BE VERY HOT!

SERVING SUGGESTIONS

Heat and serve

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	240	Total Fat	8 g	Sodium	620 mg
Protein	8 g	Trans Fat	0 g	Calcium	
Total Carbohydrates	38 g	Saturated Fat	4 g	Iron	
Sugars	2 g	Added Sugars		Potassium	
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20 mg		
Vitamin A (IU)		Vitamin D		Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS