CREAM OF WHEAT

10019320013796 - Cream Of Wheat Original Hot Cereal 2.5 Minute...



MARKETING

Mix in fresh fruit, cinnamon, granola, maple syrup or other favorites.

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description
80101379	10019320013796	12/28 oz

Brand	Brand Owner	GPC Description
CREAM OF WHEAT	B&G FOODS INC.	Cereals Products - Not Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
23.5 LBR	21 LBR	No	United States	Yes	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.5 INH	8.1875 INH	11.3125 INH	1065.14 INQ	20x5	730 Days	40 FAH / 85 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

Nutrition Facts

24 Servings per container

Serving Size **3 tablespoons**

Amount Per Serving

Calories **110**

	% Daily Value*
Total Fat 0	**0%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 110 mg	**10%**
Total Carbohydrates 24 g	**8%**
Dietary Fiber 1 g	**4%**
Total Sugars 1 g	
Includes 0 g Added Sugars	**0%**
Protein 4 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	20%
Iron 0 mg	50%
Potassium 0 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Store at an Ambient Temperature.

ALLERGENS

***C** = 'Contains' ; **MC** = 'May Contain' ; **N** = 'Free From' ; **UN** = 'Undeclared' ; **INII** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients' ; **60** = 'Not Derived From Ingredients' ; **NI** = 'No Info'*

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - C
- Shellfish - N
- Sesame - N
- Crustaceans - N

INGREDIENTS

Wheat Farina, Partially Defatted Wheat Germ, Disodium Phosphate (for quick cooking), Vitamins and Minerals: Calcium Carbonate, Ferric Phosphate (source of iron), Niacinamide, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid.

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PREPARATION & COOKING SUGGESTIONS

Mix 3 Tbsp. Cream of Wheat, 3/4 cup cold water or milk and a dash of salt in a microwavable bowl. Cook in high for 1 minute. Stir. Cook 1 to 2 minutes more, stirring well every 30 seconds, until cereal is thick and smooth.

SERVING SUGGESTIONS

Mix in fresh fruit, cinnamon, granola, maple syrup or other favorites.

MORE INFORMATION