

CREAM OF WHEAT

10019320013796 - Cream Of Wheat Original Hot Cereal 2.5 Minute...



MARKETING

Mix in fresh fruit, cinnamon, granola, maple syrup or other favorites.

Nutrition Facts

24 Servings per container

Serving Size3 tablespoons

Amount Per Serving

Calories110

% Daily Value*

Total Fat 00%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 110 mg10%

Total Carbohydrates 24 g8%

Dietary Fiber 1 g4%

Total Sugars 1 g

Includes 0 g Added Sugars0%

Protein 4 g

Vitamin D 0 mcg0%

Calcium 0 mg20%

Iron 0 mg50%

Potassium 0 mg0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
80101379		10019320013796		12/28 oz		
Brand		Brand Owner		GPC Description		
CREAM OF WHEAT		B&G FOODS INC.		Cereals Products - Not Ready to Eat (Shelf Stable)		
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition
23.5 LBR	21 LBR	No		United States	Yes	No
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.5 INH	8.1875 INH	11.3125 INH	1065.14 INQ	20x5	730 Days	40 FAH / 85 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS

Store at an Ambient Temperature.

- ALLERGENS
- C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; INII = 'Intentionally nor Inherently Included' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'
- Milk - N

Eggs - N

Soybean - N

Wheat - C

Sesame - N

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

INGREDIENTS

Wheat Farina, Partially Defatted Wheat Germ, Disodium Phosphate (for quick cooking), Vitamins and Minerals: Calcium Carbonate, Ferric Phosphate (source of iron), Niacinamide, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid.

PREPARATION & COOKING SUGGESTIONS



Mix 3 Tbsp. Cream of Wheat, 3/4 cup cold water or milk and a dash of salt in a microwavable bowl. Cook in high for 1 minute. Stir. Cook 1 to 2 minutes more, stirring well every 30 seconds, until cereal is thick and smooth.

SERVING SUGGESTIONS



Mix in fresh fruit, cinnamon, granola, maple syrup or other favorites.

MORE INFORMATION

