

200785 - Rice Chex(TM) Cereal Single Serve Bowlpak (96 ct) 1 o...



A whole grain rice, gluten-free cereal in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria and CACFP eligible.



MARKETING

A whole grain rice, gluten-free cereal.. 96 - 1 oz single serve branded bowls per case. This ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab 'n go snack.. Contains no artificial flavors and no colors from artificial sources.. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain standard, whole grain-rich criteria and CACFP eligible. Great for use in K-12 schools and healthcare.

Nutrition Facts

96 Servings per container	
Serving Size	1 bowl
Amount Per Serving	
Calories	110
% Daily Value*	
Total Fat 0.5	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 230 mg	10%
Total Carbohydrates 24 g	9%
Dietary Fiber 1 g	4%
Total Sugars 2 g	
Includes 2 g Added Sugars	4%
Protein 2 g	
Vitamin D 2.3 mcg	10%
Calcium 90 mg	6%
Iron 9 mg	50%
Potassium 0 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
31921000	200785	10016000319216	96/1 OZ			
Brand	Brand Owner	GPC Description				
Chex	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
9.800 LBR	6.00 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.750 INH	13.000 INH	18.620 INH	2.34600 FTQ	9x5	312 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

SERVING SUGGESTIONS

One Bowlpak

INGREDIENTS

Whole Grain Rice, Rice, Sugar, Salt, Molasses, Vitamin E (mixed tocopherols) Added to Preserve Freshness, Vitamins and Minerals: Tricalcium Phosphate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

HANDLING SUGGESTIONS

Keep in a cool, dry place

PREPARATION & COOKING SUGGESTIONS

Ready to eat

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	110
Protein	2 g
Total Carbohydrates	24 g
Sugars	2 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	2 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	2.3 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	230 mg
Calcium	90 mg
Iron	9 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	IRON	EXCELLENT_SOURCE_OF	TRANS_FAT	FREE_FROM
SATURATED_FAT	LOW	GLUTEN	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM
VITAMIN_D	GOOD_SOURCE_OF	MSG	FREE_FROM	IRON	GOOD_SOURCE_OF
WHOLE_GRAIN	CONTAINS	CHOLESTEROL	LOW	FAT	LOW
ENERGY	SOURCE_OF	ARTIFICIAL_SWEETENERS	FREE_FROM	CHOLESTEROL	FREE_FROM
ARTIFICIAL_FLAVOUR	FREE_FROM	CALCIUM	GOOD_SOURCE_OF	FREE_FROM_GLUTEN	YES
VEGETARIAN	YES	KOSHER	YES		

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