

# 200785 - Rice Chex(TM) Cereal Single Serve Bowlpak (96 ct) 1 o...

A whole grain rice, gluten-free cereal in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria and CACFP eligible.



## MARKETING

A whole grain rice, gluten-free cereal. 96 - 1 oz single serve branded bowls per case. This ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab 'n go snack. Contains no artificial flavors and no colors from artificial sources. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain standard, whole grain-rich criteria and CACFP eligible. Great for use in K-12 schools and healthcare.

## Nutrition Facts

96 Servings per container	
<b>Serving Size</b>	<b>1 bowl</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>110</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0.5	<b>1%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 230 mg	<b>10%</b>
<b>Total Carbohydrates</b> 24 g	<b>9%</b>
Dietary Fiber 1 g	<b>4%</b>
Total Sugars 2 g	
Includes 2 g Added Sugars	<b>4%</b>
<b>Protein</b> 2 g	
Vitamin D 2.3 mcg	10%
Calcium 90 mg	6%
Iron 9 mg	50%
Potassium 0 mg	0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
31921000	200785	10016000319216	96/1 OZ

Brand	Brand Owner	GPC Description
Chex	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
9.800 LBR	6.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.750 INH	13.000 INH	18.620 INH	2.34600 FTQ	9x5	312 Days	32 FAH / 95 FAH

## HANDLING SUGGESTIONS

Keep in a cool, dry place

## SERVING SUGGESTIONS

One Bowlpak

## PREPARATION & COOKING SUGGESTIONS

Ready to eat

## INGREDIENTS

Whole Grain Rice, Rice, Sugar, Salt, Molasses, Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Tricalcium Phosphate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soybean - 30
- Wheat - 30
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Brazil Nuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30
- Pistachios - 30

## MORE INFORMATION

! Walnuts - 30

! Molluscs - 30

! X99 - UN

# 200785 - Rice Chex(TM) Cereal Single Serve Bowlpak (96 ct) 1 o...

A whole grain rice, gluten-free cereal in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria and CACFP eligible.

## NUTRITIONAL ANALYSIS



Calories	110
Protein	2 g
Total Carbohydrates	24 g
Sugars	2 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	2 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	2.3 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	230 mg
Calcium	90 mg
Iron	9 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



WHOLE_GRAIN	CONTAINS	GLUTEN	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM
ARTIFICIAL_FLAVOUR	FREE_FROM	MSG	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	CALCIUM	GOOD_SOURCE_OF	FAT	LOW
TRANS_FAT	FREE_FROM	IRON	GOOD_SOURCE_OF	CHOLESTEROL	LOW
IRON	EXCELLENT_SOURCE_OF	ENERGY	SOURCE_OF	SATURATED_FAT	LOW
VITAMIN_D	GOOD_SOURCE_OF	CHOLESTEROL	FREE_FROM	VEGETARIAN	YES
FREE_FROM_GLUTEN	YES	KOSHER	YES		

## MORE IMAGES

