### 636303 - STARKIST 6/430Z CHUNK LIGHT WATER POUCH

The StarKist® Labor Saver Pouch produces 100% yield with no draining needed. Each hand-packed pouch locks in premium, fresh tuna flavor with less liquid, leading to consistent recipe performance and a more efficient use of storage space. It is perfect on salads, sandwiches or used as a substitute for beef or chicken in your favorite recipes.



### MARKETING

### W.

## **Nutrition Facts**

14 Servings per container

Serving Size 3oz (85g - about 1/3 cup)

Amount Per Serving

80

Calories	80	
	% Daily Value*	
Total Fat 0.5	1%	
Saturated Fat 0 g	0%	
Trans Fat 0 g		
Cholesterol 40 mg	13%	
Sodium 340 mg	15%	
Total Carbohydrates 0 g	0%	
Dietary Fiber 0 g	0%	
Total Sugars 0 g		
Includes 0 g Added Sugars	0%	
Protein 19 g		
Vitamin D 1 mcg	6%	
Calcium 0 mg	0%	
Iron 0.8 mg	4%	
Potassium 240 mg	604	

# Potassium 240 mg 6 \* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

### PRODUCT SPECIFICATIONS

Code Dist Prod Code		GTIN	Calculated Pack	
22120	636303	10080000221206	6 x 43 OZ	

Brand	Brand Owner	GPC Description
STARKIST	Starkist Seafood	Fish - Prepared/Processed (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
17.9 LBR	17.9 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
18.375 INH	12.25 INH	3.25 INH	731.55 INQ	8x14	1080 Days	30 FAH / 110 FAH

### ALLERGENS



### SERVING SUGGESTIONS



advice.



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N

Peanuts - N

(n) Eggs - N

Tree Nuts - N

Soy - N

Fish - C

(♣) Wheat - N

Shellfish - NI

Sesame - N

INGREDIENTS: LIGHT TUNA, WATER, VEGETABLE BROTH, SALT.

### HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



### TANDEING SOCCESTION



MORE INFORMATION



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### **NUTRITIONAL ANALYSIS**



Calories	80
Protein	19 g
Total Carbohydrates	0 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	0.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	40 mg
Vitamin D	1 mcg
Vitamin E	
Folate	
Vitamin B-6	0.17 mg
Sulphites	

Sodium	340 mg
Calcium	0 mg
Iron	0.8 mg
Potassium	240 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	11 mg
Riboflavin	
Vitamin B-12	2.4 mcg
Nitrates	

### **NUTRITIONAL CLAIMS**

GLUTEN FREE\_FROM

### **MORE IMAGES**





