

163271 - Lentils Golden Yellow



INTERNATIONAL FOODSOURCE, LLC. YELLOW LENTILS ARE USUALLY SOLD SKINNED AND SPLIT. THEY HAVE A MILD, NUTTY FLAVOR, AND ARE OFTEN COOKED AND SERVED AS A SIDE DISH OR GROUND INTO FLOUR. OCCASIONALLY THEY COME COATED WITH AN OILY SUBSTANCE, WHICH SHOULD BE RINSED OFF. YELLOW LENTILS ARE A POPULAR COMMODITY AT INDIAN MARKETS. PLEASE SORT TO REMOVE UNWANTED MATERIAL BEFORE CONSUMING. IN...



MARKETING

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PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
91306		00790429913066		1/10 LB		
Brand		Brand Owner		GPC Description		
Packer		International Foodsource		Lentils		
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
10.3 LBR	10 LBR	No	Canada	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10.3 INH	12.2 INH	5.4 INH	0.39 FTQ	10x21	540 Days	60 FAH / 77 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors		
N/A	N/A	N/A		N/A		

HANDLING SUGGESTIONS

COOL, DRY PLACE---UNIT UPC: 688032030037---

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - MC
- Eggs - MC
- Soybean - MC
- Wheat - MC
- Sesame - N
- Molluscs - N
- Peanuts - MC
- Tree - MC
- Fish - MC
- Shellfish - N
- Crustaceans - N

Nutrition Facts

100 Servings per container

Serving Size **45.0 GR**

Amount Per Serving

Calories **160**

% Daily Value*

Total Fat 1 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrates 27 g	9%
Dietary Fiber 8 g	32%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 12 g	
Vitamin D 0 mcg	0%
Calcium 10 mg	0%
Iron 2.5 mg	15%
Potassium 420 mg	10%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

YELLOW LENTILS

Packer

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PREPARATION & COOKING SUGGESTIONS

BOIL AND USE

SERVING SUGGESTIONS

1/8 CUP, BOIL AND USE

MORE INFORMATION