



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
4116400376	351697	10041164003763	4 x 72 CT

Brand	Brand Owner	GPC Description
Ateco, Inc.	Mrs. Ts Pierogies	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
27.91 LBR	25.49 LBR	No	United States	Yes	Yes

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.32 INH	12.82 INH	12.14 INH	1.29 FTQ	5x9	540 Days	0 FAH / 0 FAH

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

HANDLING SUGGESTIONS



Keep Frozen

MORE INFORMATION



SERVING SUGGESTIONS



Saute, boil, fry, steam, or bake and top with your favorite seasonings and sauces.

PREPARATION & COOKING SUGGESTIONS



Sauté: Sauté frozen pierogies in skillet with butter or oil on medium heat. Turn occasionally until golden brown, approximately 8 minutes on each side. **Boil:** Bring 2 quarts of water to boil. Add frozen pierogies and heat for 5-7 minutes (DO NOT wait for water to re-boil); drain. Top with butter and sautéed onions. **Bake:** Preheat oven to 400°F. Spray cooking sheet and both sides of pierogies with non-stick cook spray. Bake 18-20 minutes until golden brown and puffed, turning ½ way through bake time. **Convection Oven:** Preheat oven to 350°F. Spray cooking sheet and both sides of pierogies with non-stick cook spray. Bake 16-18 minutes until golden brown and puffed. For best results turn pasta turn ½ way through bake time. **Deep Fry:** Preheat oil to 350°F. Place frozen pasta in oil for 4 minutes until nicely browned and float. **Steamed:** Place a bag of frozen pasta in a slotted or solid pan, steam for 10-12 minutes. When steaming a full unit allow an additional 10-12 minutes ...

Nutrition Facts

96 Servings per container

Serving Size 3 pc.

Amount Per Serving
Calories 260

% Daily Value*

Total Fat 10 g	15%
Saturated Fat 5 g	27%
Trans Fat 0 g	
Cholesterol 70 mg	24%
Sodium 440 mg	18%
Total Carbohydrates 29 g	10%
Dietary Fiber 3 g	13%
Total Sugars 0 g	
Includes Added Sugars	%

Protein 15 g

Vitamin D	%
Calcium	20%
Iron	15%
Potassium	%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS



Ingredients: Water, Whole Wheat Flour and Enriched Durum Flour (whole wheat flour, durum flour, niacin, ferrous sulfate (reduced iron), thiamine mononitrate, riboflavin, folic acid), Process American Cheese (cheese [pasteurized milk, cultured milk, skim milk, cheese cultures, salt, enzymes, calcium chloride], water, cream, sodium citrate or sodium phosphate [emulsifier], milk fat, salt, sorbic acid, acetic acid or lactic acid [preservative], artificial color or annatto [color]), Soy Protein Isolate, Dehydrated Potatoes (potatoes, mono & diglycerides, sodium acid pyrophosphate, citric acid), Dry Whole Eggs, Food Starch-Modified, Natural Flavor, Spice.

351697 - Mrs. Ts CN American Cheese Pierogies

"Big flavor, real food that always hits the spot."



NUTRITIONAL ANALYSIS



Calories	260
Protein	15 g
Total Carbohydrates	29 g
Sugars	0 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	10 g
Trans Fat	0 g
Saturated Fat	5 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	70 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	440 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



CORN	FREE_FROM
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KOSHER	YES
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