



High Liner Foodservice Signature, 4.54 kg / 10 lb, Big Bob's Belly Buster Beer Battered Natural Cut Haddock Fillets, Uncooked, approx 248 g / 8.75 oz

It doesn't get any bigger or better than High Liner Foodservice Signature Big Bob's® Beer Battered Haddock Fillets. Here, larger-than-life natural cut wild caught fillets are dipped in comfort food quality seasoned batter made with rich, malty beer. These hearty fillets deliver the ultimate "wow" factor in flavour and plate coverage with true 'back of house' presentation and appeal. Whether baked or fried, each easily cooks from frozen to perfection to please the biggest appetites.

Product Last Saved Date: 06 May 2026



HIGH LINER
FOODSERVICE™

Nutrition Facts

Servings per container

Serving Size Per about 1 fillet (248 g)

Amount Per Serving

Calories 470

% Daily Value*

Total Fat 24 g **32%**

Saturated Fat 2 g **11%**

Trans Fat 0 g

Cholesterol 85 mg **%**

Sodium 1210 mg **53%**

Total Carbohydrates 35 g **%**

Dietary Fiber 1 g **4%**

Total Sugars 1 g

Includes Added Sugars **%**

Protein 29 g

Vitamin D **%**

Calcium 30 mg **2%**

Iron 1.75 mg **10%**

Potassium 450 mg **10%**

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
10025643	10073538256437	

Brand	GPC Description
High Liner Foodservice Signature	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.22 KGM			Undeclared	

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
39.87 CMT	24.63 CMT	18.78 CMT	0.0184 MTQ	12x9	547 Days	

Ingredients :

Haddock, Flour (wheat, corn), Canola oil, Water, Beer, Modified corn starch, Salt, Natural Flavour, Spices, Sugars (sugar, high-maltose corn syrup, maltodextrin, dextrose, barley malt), Sodium aluminum phosphate (leavening acid), Cotton seed oil, Baking soda. Contains: Haddock (fish), Wheat, Barley.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. DEEP FRY: IMMERS FROZEN FILLETS IN PREHEATED 350°F (180°C) OIL FOR ABOUT 7-8 MIN OR UNTIL DONE. FORCED AIR CONVECTION OVEN: PLACE A SINGLE LAYER OF FROZEN FILLETS ON A SHALLOW BAKING PAN IN PREHEATED 400°F (200°C) OVEN FOR ABOUT 14-15 MIN OR UNTIL DONE. OVEN: PLACE A SINGLE LAYER OF FROZEN FILLETS ON A SHALLOW BAKING PAN IN PREHEATED 425°F (220°C) OVEN FOR ABOUT 22-24 MIN OR UNTIL DONE. NOTE: SINCE APPLIANCES VARY, THESE INSTRUCTIONS ARE GUIDELINES ONLY. COOK UNTIL A MINIMUM INTERNAL TEMPERATURE OF 158°F (70°C) IS REACHED.

Serving Suggestions:

Highly versatile Big Bob's® Beer Battered Fillets make the perfect hearty appetite-pleasing entrée, a "wow" sandwich, fried fish taco, or to add depth to salads. They pair well with your own complementary sauces and sides.

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: No
CN Statement:



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