

High Liner Foodservice Signature, 4.54 kg / 10 lb, Battercrisp Natural Cut Cod Fillets, approx. 76 - 108 g / 2.7 - 3.8 oz

High Liner Foodservice Signature Natural Cut BatterCrisp® Cod Fillets are dipped in a specially-blended, seasoned batter that earns the name "Battercrisp." These delicious natural cuts of wild caught Cod deep-fry or bake to a light, homestyle golden crispness in no time that perfectly complements the tender flaky fish inside. Individually quick frozen for freshness and preparation ease, BatterCrisp® Cod fulfill a variety of menu needs with the exceptional plate coverage you demand.

Product Last Saved Date: 04 June 2025



HIGH LINER FOODSERVICE™

Nutrition Facts Servings per container Serving Size Per about 1 fillet (92 g) **Amount Per Serving** 190 Calories % Daily Value* Total Fat 11 g 15% 5% Saturated Fat 1 g Trans Fat 0 g % Cholesterol 20 mg 21% Sodium 490 mg % Total Carbohydrates 16 g 4% Dietary Fiber 1 g Total Sugars 0 g

Product	specificatio	ons :							
Cod	e			Type Of Catch					
5441	L	100							
	B	rand				GI	PC	Descripti	on
ŀ		Fish - Prepared/Processed (Frozen)							
Gross \	Neight	Net Weig	Country of Origin			ł	Kosher	Gluten Free	
5.08 KGM							Undeclared		No
Shipping Information									
Length	Width	Height	Vol	ume	TixHi	Shelf Life Storage Temp From		e Temp From/To	
	1	1							

0.0142 MTQ

Ingredients :

24.6 CMT

15 CMT

38.6 CMT

%

%

2%

4%

4%

Cod, Water, Canola oil, Flour (wheat, corn, soy), Toasted wheat crumbs, Modified corn starch, Salt, Modified palm oil, Baking powder, Sodium phosphate (to retain moisture), Guar flour, Sugars (dextrose), Seasonings (yeast extract). Contains: Cod (fish), Wheat, Soy.

13x11

540 Days

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):							
Eggs - NI	Milk - NI	Soy - NI					
Fish - NI	Wheat - NI	TreeNuts - NI					
Peanuts - NI	Crustacean - NI	Sesame - NI					

Prep & Cooking Suggestions:

Includes Added Sugars

Protein 9 g

Vitamin D

Calcium 20 mg

Potassium 175 mg

nutrition advice.

Iron 0.75 mg

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. DEEP FRY: Immerse 1-4 frozen fillets in preheated 350°F / 180°C oil for about 5 ½ min or until done. Drain on paper towel and serve. Increase cooking time for larger amounts. For best results, do not overfill fryer basket and do not overcook EORCED AIR CONVECTION OVEN. Place frozen fillets in a single layer on a shallow baking pan in a preheated 425°F / 220°C oven for about 14 min or until done.

Serving Suggestions:

Perfect served as a Fish and Chips entrée with hand-cut fries and a side salad.

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified: MSC Certified: Yes Has CN Statement: No CN Statement:







Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Pag

Page 1 of 1

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