

High Liner Foodservice Signature, 4.54 kg / 10 lb, Battercrisp Natural Cut Cod Fillets, approx. 76 - 108 g / 2.7 – 3.8 oz

High Liner Foodservice Signature Natural Cut BatterCrisp® Cod Fillets are dipped in a specially-blended, seasoned batter that earns the name “Battercrisp.” These delicious natural cuts of wild caught Cod deep-fry or bake to a light, homestyle golden crispness in no time that perfectly complements the tender flaky fish inside. Individually quick frozen for freshness and preparation ease, BatterCrisp® Cod fulfill a variety of menu needs with the exceptional plate coverage you demand.

Product Last Saved Date: 31 August 2026

HIGH LINER FOODSERVICE™

Nutrition Facts

Servings per container

Serving Size **Per about 1 fillet (92 g)**

Amount Per Serving

Calories **190**

	% Daily Value*
Total Fat 11 g	**15%**
Saturated Fat 1 g	**5%**
Trans Fat 0 g	
Cholesterol 20 mg	**%**
Sodium 490 mg	**21%**
Total Carbohydrates 16 g	**%**
Dietary Fiber 1 g	**4%**
Total Sugars 0 g	
Includes Added Sugars	**%**
Protein 9 g	

Vitamin D	%
Calcium 20 mg	2%
Iron 0.75 mg	4%
Potassium 175 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
5441	10061763054416	

Brand	GPC Description
High Liner Foodservice Signature	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.08 KGM			Undeclared	

Shipping Information

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
38.6 CMT	24.6 CMT	15 CMT	0.0142 MTQ	13x11	540 Days	

Ingredients :

Cod, Water, Canola oil, Flour (wheat, corn, soy), Toasted wheat crumbs, Modified corn starch, Salt, Modified palm oil, Baking powder, Sodium phosphate (to retain moisture), Guar flour, Sugars (dextrose), Seasonings (yeast extract). Contains: Cod (fish), Wheat, Soy.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. DEEP FRY: Immerse 1-4 frozen fillets in preheated 350°F / 180°C oil for about 5 ½ min or until done. Drain on paper towel and serve. Increase cooking time for larger amounts. For best results, do not overfill fryer basket and do not overcook. FORCED AIR CONVECTION OVEN: Place frozen fillets in a single layer on a shallow baking pan in a preheated 425°F / 220°C oven for about 14 min or until done.

Species / Scientific Name:

Serving Suggestions:

Perfect served as a Fish and Chips entrée with hand-cut fries and a side salad.

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: No

CN Statement:





