



Mirabel, 4.54 kg / 10 lb, Seasoned Atlantic Salmon Fillet
Portions, Vacuum Packed, Boned, Skinless, approx 170 g / 6 oz

Farm raised for premium consistent taste, fat content colour. Individually vacuum sealed to help maintain optimum quality while frozen provide more safety when thawing. Deep skinned to ensure a better appearance less fat line.

Product Last Saved Date: 28 March 2025



Nutrition Facts

Servings per container
Serving Size Per about 1 portion (170 g)

Amount Per Serving
Calories 340

% Daily Value*	
Total Fat 23 g	31%
Saturated Fat 5 g	25%
Trans Fat 0 g	
Cholesterol 95 mg	%
Sodium 260 mg	11%
Total Carbohydrates 0 g	%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes Added Sugars	%

Protein 35 g	
Vitamin D	%
Calcium 20 mg	2%
Iron 0.5 mg	3%
Potassium 600 mg	13%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
1060100	10061763601009	

Brand	GPC Description
Mirabel	Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.22 KGM			Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
40 CMT	27.5 CMT	13 CMT	0.0143 MTQ	10x14	540 Days	

Ingredients :

Atlantic salmon fillets, Water, Salt. Contains: Atlantic salmon (fish).

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FOR BEST RESULTS COOK FROM FROZEN. COOK UNTIL A MINIMUM INTERNAL TEMPERATURE OF 158°F (70°C) IS REACHED. TO THAW PLACE IN REFRIGERATOR OVERNIGHT. DO NOT THAW IN WARM WATER OR AT ROOM TEMPERATURE.

Serving Suggestions:

Butter and lime are classic compliments while citrus juices such as orange, grapefruit or lime add tangy zest. For fun simple tastes, glaze or marinate salmon with balsamic vinegar, honey mustard, pesto, red wine or maple syrup.

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:
MSC Certified:
Has CN Statement: No
CN Statement:

