

Otis Spunkmeyer-Delicious Essential

568116 - Naturally Flavored Apple Cinnamon Muffin(s) With Othe...

Thaw and serve individually wrapped 2 oz muffins made in the most popular flavors. These muffins are made to meet strict school nutritional guidelines w/o sacrificing taste. Available in Blueberry, Banana, Apple Cinnamon and Chocolate Chocolate Chip.



MARKETING

Certified Kosher Dairy. Meets Smart Snack Criteria. Can be Sold to Schools. 0g Trans fat per serving. Minimum 50% of total grains as whole grain. No High Fructose Corn Syrup.

Nutrition Facts

1 Servings per container	
Serving Size	1 MUFFIN
Amount Per Serving	
Calories	180
% Daily Value*	
Total Fat 6 g	8%
Saturated Fat 2 g	10%
Trans Fat 0 g	
Cholesterol 35 mg	12%
Sodium 125 mg	5%
Total Carbohydrates 31 g	11%
Dietary Fiber 2 g	7%
Total Sugars 16 g	
Includes 15 g Added Sugars	30%

Protein 3 g	
Vitamin D 0.1 mcg	0%
Calcium 30 mg	2%
Iron 0.9 mg	6%
Potassium 110 mg	2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10146	568116	10013087101468	72/2 oz

Brand	Brand Owner	GPC Description
Otis Spunkmeyer-Delicious Essential	ASPIRE BAKERIES	Sweet Bakery Products Variety Packs

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.750 LBR	9.000 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.313 INH	11.438 INH	8.250 INH	0.9454 FTQ	9x9	365 Days	-10 FAH / 10 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30

Eggs - C

Soy - C

Wheat - C

Sesame - 30
- Peanuts - 30

Tree Nuts - 30

Fish - 30

Shellfish - 30

SERVING SUGGESTIONS

Serve along side your favorite beverage

INGREDIENTS

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLESAUCE (APPLES, WATER, ASCORBIC ACID [TO RETAIN COLOR]), INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: FRACTIONATED INTERESTERIFIED PALM OIL, CANOLA OIL, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, WHEAT GLUTEN, OAT FIBER, MONO- AND DIGLYCERIDES, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), CINNAMON, MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, SALT, NATURAL APPLE FLAVOR, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, CARAMEL COLOR, ENZYMES. CONTAINS: EGGS, SOY, WHEAT.

HANDLING SUGGESTIONS

Each muffin is individually wrapped in film that is fully labeled for retail sale. 72 individually wrapped muffins are packed per shipping case. Frozen; Shelf Life After Bake: N/A; Shelf Life After Defrost: 21 days (in original, sealed film); After Defrost Storage Type: AMBIENT

PREPARATION & COOKING SUGGESTIONS

Thaw and serve. Must keep frozen until ready to use.

MORE INFORMATION

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NUTRITIONAL ANALYSIS

Calories	180
Protein	3 g
Total Carbohydrates	31 g
Sugars	16 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	6 g
Trans Fat	0 g
Saturated Fat	2 g
Added Sugars	15 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	35 mg
Vitamin D	0.1 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	125 mg
Calcium	30 mg
Iron	0.9 mg
Potassium	110 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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MORE IMAGES

