

# 10 Lb (4.54 kg) Beer Battered Haddock Portions 4 oz, MSC

Our Beer Battered Haddock Portions are crafted with a delicious beer batter that ensures each piece cooks to crispy, crunchy perfection. Ready to deep-fry from frozen, these portions offer an irresistible flavor and texture that will keep your customers coming back for more.

Product Last Saved Date: 20 October 2025



## Nutrition Facts

40 Servings per container

**Serving Size 1 Portion (112g)**

Amount Per Serving

**Calories 220**

% Daily Value\*

**Total Fat** 10 g **13%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

**Cholesterol** 35 mg **12%**

**Sodium** 660 mg **29%**

**Total Carbohydrates** 19 g **7%**

Dietary Fiber **4%**

Total Sugars 0 g

Includes 0 mg Added Sugars **0%**

**Protein** 13 g

Vitamin D 0.3 mcg **2%**

Calcium 10 mg **0%**

Iron 0.7 mg **4%**

Potassium 210 mg **4%**

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
12300321	10035493003211	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
10.72 LBR	10 LBR	N/A	Undeclared	

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.697 INH	7.697 INH	8.394 INH	0.587 FTQ	15x5	547 Days	-10 FAH / 0 FAH

### Ingredients :

HADDOCK, WATER, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BEER (WATER, BARLEY MALT, RICE, HOPS), CONTAINS LESS THAN 2% OF THE FOLLOWING: MODIFIED CORN STARCH, SALT, SPICES, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), MALTODEXTRIN, DRIED ONION, DRIED GARLIC, YEAST EXTRACT, GUM ARABIC, SUGAR, NATURAL AND ARTIFICIAL FLAVORS, BARLEY MALT EXTRACT. CONTAINS: HADDOCK (FISH), WHEAT

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - INII	Milk - INII	Soy - INII
Fish - C	Wheat - C	TreeNuts - INII
Peanuts - INII	Crustacean - INII	Sesame - INII

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 6-7 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 158°F MINIMUM.

### Species / Scientific Name:

Haddock - Melanogrammus aeglefinus

### Serving Suggestions:

The real beer flavor of our battered haddock makes for the ideal center of the plate for every fish n' chips meal. Perfect for fish and chips served with malt vinegar. Also great as a south of the border themed entrée or specialty fish tacos. Pairs perfectly with tartar or cocktail sauces, or your own complementary recipes.

### Claims & Child Nutrition:

BAP Certified:  
 MSC Certified: Yes  
 Has CN Statement: No  
 CN Statement:



Information subject to change without notice at the discretion of High Liner Foods (USA)  
<http://www.highlinerfoods.com>

Page 1 of 1

Printed on 26 May 2026  
Powered by Syndigo LLC - <http://www.syndigo.com>