

10.35 Lb (4.69 kg) Oven Ready Whole Grain Potato Crunch Pollock Portions 3.6 oz, Kosher, CN

High Liner Oven Ready Whole Grain Potato Crunch Pollock Portions add real potato sticks to the breading for a distinct flavor and extra crunchy bite kids and adults can't resist. Each wild caught, oven-ready, portion bakes from frozen to golden crispy perfection in minutes with no mess. A truly unique option for Child Nutrition-approved applications and more.

Product Last Saved Date: 20 October 2025



Nutrition Facts

46 Servings per container

Serving Size 1 Piece (101g / 3.6 oz)

Amount Per Serving

Calories 200

% Daily Value*

Total Fat 10 g 13%

Saturated Fat 1.5 g 8%

Trans Fat 0 g

Cholesterol 45 mg 15%

Sodium 290 mg 13%

Total Carbohydrates 14 g 5%

Dietary Fiber 1 g 4%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 14 g

Vitamin D 1 mcg 6%

Calcium 14 mg 2%

Iron 1 mg 6%

Potassium 373 mg 8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
06533	00074638065335	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11.23 LBR	10.35 LBR	N/A	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

Ingredients :

71.5% POLLOCK, 28.5% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WATER, WHOLE GRAIN YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, FERROUS SULFATE, NIACIN, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, CORN STARCH, WHEY, SUGAR, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), NATURAL FLAVORS, YEAST. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: POLLOCK (FISH), WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - INII	Milk - C	Soy - INII
Fish - C	Wheat - C	TreeNuts - INII
Peanuts - INII	Crustacean - INII	Sesame - INII

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: PLACE FROZEN PORTIONS ON A LIGHTLY OILED SHEET PAN. CONVECTION OVEN: PREHEAT OVEN TO 400°F AND BAKE FOR 12-14 MINUTES. CONVENTIONAL OVEN: PREHEAT OVEN TO 450°F AND BAKE FOR 14-16 MINUTES. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Serving Suggestions:

Excellent for school lunch, or as a healthier breaded option for healthcare and senior living center dining paired with your favorite complementary sides and sauces.

Species / Scientific Name:

Pollock - Gadus chalcogrammus

Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: Yes

CN Statement: ONE 3.60 OZ. OVEN READY WHOLE GRAIN POTATO CRUNCH FISH PORTION PROVIDES 2.00 OZ. EQUIVALENT MEAT AND 0.50 OZ. EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.



Information subject to change without notice at the discretion of High Liner Foods (USA)
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Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

**Oven Ready Whole Grain
Potato Crunch
Pollock Portions
3.6 oz**

06533

LOT#: 1234567890



EST. # 045

CN		100586	CN	
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CN			CN	

INDIVIDUALLY QUICK FROZEN

KEEP FROZEN

DO NOT REFREEZE

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801
FOR INQUIRIES CALL: 1-888-859-3654
www.highlinerfoodservice.com

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NET WT 10.35 Lb (4.70 kg)

High Liner Bid Desk Contact and Specification Verification:

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