

CHEF ONE®

260559 - SFS CHEF ONE PORK & VEGETABLE DUMPLING NET WT 7.50LBS...

Dumpling with the savory flavor of pork, cabbage and onion



MARKETING

Thin yet sturdy wrapper balances perfectly with the amount of filling. Easy prep - pan fry, steam, or deep fry in minutes. Less on the label: no MSG added. Pre-cooked for food safety. Each case comes with three bags with 2.5 lbs. of dumplings

Nutrition Facts

12 Servings per container

Serving Size4 Pieces (96g)

Amount Per Serving

Calories180

% Daily Value\*

Total Fat 79%

Saturated Fat 2 g10%

Trans Fat 0 g

Cholesterol 15 mg5%

Sodium 400 mg17%

Total Carbohydrates 21 g8%

Dietary Fiber 1 g4%

Total Sugars 2 g

Includes 1 g Added Sugars2%

Protein 7 g

Vitamin D 0.2 mcg2%

Calcium 20 mg2%

Iron 1.5 mg8%

Potassium 120 mg2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
60689	260559	10760941972602	3 PACKS OF 50 - 0.80 OZ EACH.			
Brand	Brand Owner	GPC Description				
CHEF ONE®	Twin Marquis Inc.	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
8.35 LBR	7.5 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12 INH	9 INH	7.5 INH	0.469 FTQ	17x7	365 Days	0 FAH / 31 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS

Master Case; store at a maximum temperature of 0.00 F/ -17.78 C

- ALLERGENS
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - N

Eggs - N

Soybean - C

Wheat - C

Sesame - C

Molluscs - N

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

INGREDIENTS

INGREDIENTS: FILLING: PORK, CABBAGE, ONION, WATER, CONTAINS 2% OR LESS OF: SOY SAUCE (WATER, SOYBEAN, WHEAT, SALT), SUGAR, SOY PROTEIN CONCENTRATE, SESAME OIL, SALT, GINGER, YEAST EXTRACT, GARLIC, WHITE PEPPER; WRAPPER: ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OR LESS OF: SOYBEAN OIL, SALT.

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PREPARATION & COOKING SUGGESTIONS

FOR FOOD SAFETY AND QUALITY HEAT BEFORE EATING TO AN INTERNAL TEMPERATURE OF 160°F. Pan-Sear: Heat a large nonstick skillet pan over high heat then add 2oz of water to coat. Add 12-14 frozen dumplings then cover and cook for 2-3 minutes or until most water is absorbed. Reduce heat to medium, then add ½ oz of oil. Cover and let simmer for approximately 3-4 minutes or until golden brown. Deep-Fry: Pre-heat oil to 350°F, place 12-14 frozen dumplings into a fryer basket. Fry for 4-5 minutes or until golden brown, periodically shaking baskets during cook time to prevent dumplings from sticking together. Steam: Pre-heat steamer. Lightly coat a 2" full-size hotel pan with cooking oil spray. Arrange and space apart 20-24 frozen dumplings into pan without touching. Steam dumplings uncovered for 8 minutes or until cooked through. Boil(soup): Add frozen dumplings...

SERVING SUGGESTIONS

Can be served in soup or as an Asian appetizer, side dish, or entrée

MORE INFORMATION

E-mail : CPS.FoodService@schwans.com

NUTRITIONAL ANALYSIS

Calories	188	Total Fat	7.3	Sodium	416.7 mg
Protein	7.3 g	Trans Fat	0 g	Calcium	20.8 mg
Total Carbohydrates	21.9 g	Saturated Fat	2.1 g	Iron	1.6 mg
Sugars	2.1 g	Added Sugars	1 g	Potassium	125 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	15.6 mg		
Vitamin A (IU)		Vitamin D	0.2 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES

