

DOLE

382000 - MIXED BERRY 2/5# ZIP

Frozen DOLE® Fruit is picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor.; Washed, prepped and ready to use, our IQF fruit is the ideal labor savings solution.



MARKETING

•High Quality Fruit. • Washed, Prepped & Ready-to-Use. • 100% Usable Fruit, Zero Product Waste

Nutrition Facts

16 Servings per container

Serving Size1 cup (140g)

Amount Per Serving

Calories80

% Daily Value*

Total Fat0.51%

Saturated Fat0 g0%

Trans Fat0 g

Cholesterol0 mg0%

Sodium0 mg0%

Total Carbohydrates17 g6%

Dietary Fiber5 g18%

Total Sugars10 g

Includes 0 g Added Sugars0%

Protein1 g

Vitamin D0 mcg0%

Calcium30 mg2%

Iron0.9 mg4%

Potassium180 mg4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
06411	382000	10071202064111	2 x 5#			
Brand	Brand Owner		GPC Description			
DOLE	DOLE PACKAGED FROZEN FOODS		Fruit - Prepared/Processed (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
11 LBR	10 LBR	No	PE, MX, CL, US	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.313 INH	10.313 INH	6.625 INH	0.447 FTQ	16x10	730 Days	-10 FAH / 0 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
NOT_APPLICABLE		N/A	N/A		N/A	

HANDLING SUGGESTIONS

Keep frozen.

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - N

Eggs - N

Soybean - N

Wheat - N

Sesame - N

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

INGREDIENTS

STRAWBERRIES, BLACKBERRIES, BLUEBERRIES, AND RASPBERRIES.

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PREPARATION & COOKING SUGGESTIONS

Ready to Eat

SERVING SUGGESTIONS

Create a sweet and refreshing Mixed Berry Sangria or use as an addition to sauces, yogurt, pies, pancakes and other baked goods.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	80	Total Fat	0.5	Sodium	0 mg
Protein	1 g	Trans Fat	0 g	Calcium	30 mg
Total Carbohydrates	17 g	Saturated Fat	0 g	Iron	0.9 mg
Sugars	10 g	Added Sugars	0 g	Potassium	180 mg
Dietary Fiber	5 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C	29 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

GLUTEN	FREE_FROM	KOSHER	YES
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MORE IMAGES

