

DOLE

382000 - MIXED BERRY 2/5# ZIP

Frozen DOLE® Fruit is picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor.; Washed, prepped and ready to use, our IQF fruit is the ideal labor savings solution.



MARKETING

•High Quality Fruit. • Washed, Prepped & Ready-to-Use. • 100% Usable Fruit, Zero Product Waste

Nutrition Facts

16 Servings per container

Serving Size1 cup (140g)

Amount Per Serving

Calories80

% Daily Value*

Total Fat 0.51%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 0 mg0%

Total Carbohydrates 17 g6%

Dietary Fiber 5 g18%

Total Sugars 10 g

Includes 0 g Added Sugars0%

Protein 1 g

Vitamin D 0 mcg0%

Calcium 30 mg2%

Iron 0.9 mg4%

Potassium 180 mg4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
06411	382000	10071202064111	2 x 5#			
Brand	Brand Owner		GPC Description			
DOLE	DOLE PACKAGED FROZEN FOODS		Fruit - Prepared/Processed (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
11 LBR	10 LBR	No	PE, MX, CL, US, RS, AR, CA, TR, MA	Yes	No	
Shipping						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
11.313 INH	10.313 INH	6.625 INH	0.447 FTQ	16x10	730 Days	-10 FAH / 0 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
NOT_APPLICABLE		N/A	N/A		N/A	

HANDLING SUGGESTIONS

Keep frozen.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N

Eggs - N

Soybean - N

Wheat - N

Sesame - N

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

INGREDIENTS

STRAWBERRIES, BLACKBERRIES, BLUEBERRIES, AND RASPBERRIES.

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PREPARATION & COOKING SUGGESTIONS

Ready to Eat

SERVING SUGGESTIONS

Create a sweet and refreshing Mixed Berry Sangria or use as an addition to sauces, yogurt, pies, pancakes and other baked goods.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	80	Total Fat	0.5	Sodium	0 mg
Protein	1 g	Trans Fat	0 g	Calcium	30 mg
Total Carbohydrates	17 g	Saturated Fat	0 g	Iron	0.9 mg
Sugars	10 g	Added Sugars	0 g	Potassium	180 mg
Dietary Fiber	5 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C	29 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

GLUTEN	FREE_FROM	KOSHER	YES
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MORE IMAGES

