



MARKETING

Each serving (1 meal) of Protein Breakfast Breaks provides 1.00 oz equivalent meat/meat alternateand 1 oz equivalent grain servings, and ½ cup fruit based on the USDA Food Buying GuideRequirements.

Nutrition Facts

48 Servings per container

Serving Size 8.90 ounces

Amount Per Serving

Calories 250

% Daily Value*

Total Fat 3 g	3.8%
Saturated Fat 1 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 130 mg	4.5%
Total Carbohydrates 52 g	18%
Dietary Fiber 1 g	3.5%
Total Sugars 34 g	
Includes 18 g Added Sugars	34%
Protein 4 g	

Vitamin D 4 mcg	20%
Calcium 298 mg	23%
Iron 1 mg	5.5%
Potassium 329 mg	6.2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS						
Code		GTIN		Pack Description		
61251		10693392000443				
Brand	Brand Owner		GPC Description			
ES Foods	East Side Entrees		Dairy/Egg Based Products / Meals - Ready to Eat (Perishable)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
29.75 LBR	26.7 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.625 INH	15.875 INH	7.75 INH	1.68 FTQ	5x7	40 Days	33 FAH / 40 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS

REFRIGERATED (Less than 38°F)

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INHI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C	Peanuts - N
Eggs - C	Tree - N
Soybean - C	Fish - N
Wheat - C	Shellfish - N
Sesame - N	Crustaceans - N
AU - N	Mustard - N
Molluscs - N	

INGREDIENTS

Yogurt, Blueberry: Cultured Pasteurized Grade A rBST-Free Nonfat Milk, Sugar, Water, Modified Corn Starch, Blueberry Juice Concentrate, Whey, Elderberry Juice (for color), Natural Flavors, Tricalcium Phosphate, Gellan Gum, Lemon Juice Concentrate, Potassium Sorbate (for freshness), Citric Acid, Carob Bean Gum, Vitamin D3. Grahams, Mini Cinnamon (WG): Whole Wheat Flour, Sugar, Bleached Enriched Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Shortening (Palm Oil, Canola Oil), Cinnamon, Honey, Molasses, Soy Lecithin, Salt, Baking Soda, Eggs, Milk. 100% Juice - Fruit Juice: Pear Juice From Concentrate (Pure Filtered Water and Concentrated Pear Juice), Grape Juice From Concentrate (Pure Filtered Water and Concentrated Grape Juice), Natural Flavors, Citric Acid, Vitamin C (Ascorbic Acid).

10693392000443 - MEAL, BLUEBERRY YOGURT KIT REF BREAKFAST BREA...

PREPARATION & COOKING SUGGESTIONS



Keep refrigerated. Ready to eat.

SERVING SUGGESTIONS



Keep refrigerated. Ready to eat.

MORE INFORMATION

