



MARKETING

With 45% fewer calories* than regular lowfat yogurt Light & Fit is delicious and healthy! * Light & Fit: 70 calories, 0g fat Regular lowfat yogurt: 150 calories, 2.1g fat per 5.3 oz.

Nutrition Facts

Servings per container	
Serving Size	
Amount Per Serving	
Calories	
% Daily Value*	
Total Fat	%
Saturated Fat	%
Trans Fat	
Cholesterol	%
Sodium	%
Total Carbohydrates	%
Dietary Fiber	%
Total Sugars	
Includes Added Sugars	%
Protein	
Vitamin D	
Calcium	
Iron	
Potassium	
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

PRODUCT SPECIFICATIONS

Code		GTIN			Pack Description		
5805		20036632002628					
Brand		Brand Owner			GPC Description		
LIGHT & FIT		Danone US, LLC			Yogurt (Perishable)		
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
12.81 LBR	12 LBR	No		United States		Yes	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
14.5 INH	9.563 INH	5.375 INH	0.431 FTQ	13x12	25 Days	38 FAH / 45 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS

This product is a quart plastic container that has both a foil seal for freshness and a resealable plastic lid. Each container is marked with an individual UPC code that can be scanned. This product must be stored in refrigeration. Product should be stored in an upright position.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - NI
- Peanuts - NI
- Eggs - NI
- Tree - NI
- Soybean - NI
- Fish - NI
- Wheat - NI
- Shellfish - NI
- Sesame - NI

INGREDIENTS

20036632002628 - YOGURT LIGHT & FIT STRAWBERRY NON FAT

PREPARATION & COOKING SUGGESTIONS

This product can be portioned from the container and served in various methods. It can be consumed without any additional cooking for use in such recipes as parfaits, smoothies or dips. It can be used in recipes for soups, salad dressings, prepared salads, or any other alternatives to sour cream or mayonnaise. In these recipes it may require additional cooking/preparation.

SERVING SUGGESTIONS

MORE INFORMATION