

323379 - Cafe Puree Herbed Fish Fillet

The best tasting and most extensive line of shaped and formed purees available. The Café Puree line provides a broad variety of single serve puree products that are designed to provide your facility maximum versatility, ease of use and reduced labor. All within the specific guidelines of IDDSI and the national dysphagia diet. Simply put, they are the easiest to prepare and the ...



MARKETING

IDDSI Level 4-Pureed. Also suitable for IDDSI Level 5-Minced & Moist and Level 6-Soft & Bite-Sized.



PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
20005	323379	50794688200054	24 x 3 OZ

Brand	Brand Owner	GPC Description
Cafe Puree	Medtrition, Inc.	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
5.35 LBR	4.5 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.875 INH	9.375 INH	5.5 INH	0.444 FTQ	14x6	1095 Days	-20 FAH / 0 FAH

HANDLING SUGGESTIONS

Keep frozen 0 degrees F or below



SERVING SUGGESTIONS

1 piece



Nutrition Facts

24 Servings per container

Serving Size 1 tray

Amount Per Serving
Calories 230

% Daily Value*

Total Fat 16 g 21%

Saturated Fat 4.5 g 23%

Trans Fat 0 g

Cholesterol 50 mg 17%

Sodium 180 mg 8%

Total Carbohydrates 4 g 1%

Dietary Fiber 0 g 0%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 21 g

Vitamin D 1 mcg 5%

Calcium 40 mg 2%

Iron 0.4 mg 2%

Potassium 200 mg 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Pollock, Vegetable Oil (canola, corn and/or soybean oil, TBHQ and citric acid, dimethylpolysiloxane), Bovine Collagen Hydrolyzate, Natural Butter Flavor (cream, lipolyzed butteroil (a milk derivative), sodium phosphate, citric acid, alpha-tocopherol (antioxidant)), Modified Food Starch (corn and/or tapioca), Soy Protein Isolate, Lemon Juice (water, lemon juice concentrate, sodium bisulfite and sodium benzoate (preservatives), lemon oil), Salt, Basil, Thyme. Contains: Fish (Pollock), Milk, Soy.



ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C Peanuts - N

Eggs - N Tree - N

Soybean - C Fish - C

Wheat - N Shellfish - N

Sesame - N Crustaceans - N

AU - N Mustard - N

Corn - N

PREPARATION & COOKING SUGGESTIONS

Microwave: (from frozen) Using a 1,400 watt microwave, place portion inside microwave oven, film side up. Do not remove or puncture film. Cook on MEDIUM POWER SETTING until a minimum internal temperature of 165°F is reached (170-180°F for Mac & Cheese and Spaghetti & Meat Sauce). DO NOT OVERCOOK. After cooking, vent corner of tray and let portion stand for 3 to 5 minutes. Remove film completely from tray, fan sides of product to loosen, flip over and tap until product releases from tray. Please note: No more than 12 oz. of pasta should be prepared in the microwave at a time. If preparing 3 portions: From Frozen: Cook on HIGH POWER SETTING until an internal temperature of 165°F is reached (170-180°F for Mac & Cheese and Spaghetti & Meat Sauce). Steamer / Convection Oven / Conventional Oven: (from frozen) Place portion, film side up, in steamer pan, on baking pan or tray. Do not remove or puncture film. Bake in preheated oven until an internal t...

MORE INFORMATION

Website : www.medtrition.com

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NUTRITIONAL ANALYSIS



Calories	230
Protein	21 g
Total Carbohydrates	4 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	16 g
Trans Fat	0 g
Saturated Fat	4.5 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	50 mg
Vitamin D	1 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	180 mg
Calcium	40 mg
Iron	0.4 mg
Potassium	200 mg
Zinc	
Phosphorus	130 mg
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
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MORE IMAGES

