

Baron Spices, Inc.

680974 - Fennel Seed, Whole

Oval, green to yellowish-brown seeds of a member of the parsley family. Warm, sweet odor with an anise-like flavor. Fennel is used to flavor sausages, fish and is used in a variety of spice blends.



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
6100	680974	20081274161004	6/14 oz

Brand	Brand Owner	GPC Description
Baron Spices, Inc.	Baron Spices, Inc.	Herbs/Spices (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
7 LBR	5.25 LBR	No	TR, EG	Yes	No

Shipping						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
9.75 INH	7.5 INH	8.5 INH	0.36 FTQ	25x5	548 Days	60 FAH / 70 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree Nuts - N
- Soy - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N

SERVING SUGGESTIONS

Sausages, sweet pickles, boiled fish, pastries, candies, liqueurs, vegetables dishes, chutney, breads, salads, cheeses, fish soups, curry, pork dishes, lentils, couscous, pasta sauces, cole slaw, potato salad, salad dressings.

## Nutrition Facts

3402 Servings per container

**Serving Size** .7 grams

**Amount Per Serving**

**Calories** 2.41

**% Daily Value\***

<b>Total Fat</b> 0.1 g	<b>0%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 0 mg	<b>0%</b>
<b>Total Carbohydrates</b> 0.37 g	<b>0%</b>
Dietary Fiber 0.28 g	<b>1.1%</b>
Total Sugars 0 g	
Includes Added Sugars	<b>%</b>
<b>Protein</b> 0 g	
Vitamin D	<b>%</b>
Calcium	<b>0%</b>
Iron	<b>0%</b>
Potassium	<b>%</b>

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Store in a cool, dry area in tightly sealed container.

PREPARATION & COOKING SUGGESTIONS

Ready to use. Spinkle on or stir in.

MORE INFORMATION

Baron Spices, Inc.

680974 - Fennel Seed, Whole

Oval, green to yellowish-brown seeds of a member of the parsley family. Warm, sweet odor with an anise-like flavor. Fennel is used to flavor sausages, fish and is used in a variety of spice blends.

NUTRITIONAL ANALYSIS



Calories	2.41
Protein	0 g
Total Carbohydrates	0.37 g
Sugars	0 g
Dietary Fiber	0.28 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.1 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
--------	-----

MORE IMAGES

