

- Beef Steak Flat Iron RR 1904 Choice Seas 6 oz 10.5#

Our 1904 Flat Iron USDA Choice Seasoned Steaks deliver exceptional quality, juiciness, and flavor. Pre-seasoned for perfect taste, these steaks are easy to cook—simply thaw and grill on a flat, outdoor, or char grill. Their versatility makes them ideal for breakfast, lunch, or dinner, and they can easily replace Skirt and Flank Steaks with less waste. Cut using automatic portio...



MARKETING

NAMP# 1114D

Nutrition Facts

1 Servings per container	
Serving Size	100g
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 7	10.769%
Saturated Fat 3 g	15%
Trans Fat 0 g	
Cholesterol 55 mg	18.333%
Sodium 250 mg	10.417%
Total Carbohydrates 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 17 g	
Vitamin D 0 mcg	0%
Calcium 9 mg	0.9%
Iron 1.8 mg	10%
Potassium 280 mg	8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
80460		10079821804606	28/6oz			
Brand		Brand Owner	GPC Description			
DOUBLE RED 1904		BRANDING IRON HOLDINGS	Beef - Unprepared/Unprocessed			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
11.5 LBR	10.5 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.25 INH	11.75 INH	3.5 INH	0.3867 FTQ	9x9	270 Days	-10 FAH / 10 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
TRACEABILITY_REGULATION	FSMA204	NOT_APPLICABLE	NOT_COVERED_BY_FTL			

HANDLING SUGGESTIONS

Product should be stored between -10 and 10 degrees F

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- AU - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N
- Mustard - N

INGREDIENTS

Beef, Water, Salt, Dextrose, Sodium Phosphate

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PREPARATION & COOKING SUGGESTIONS

Fully thaw product before cooking. Preheat gas grill to high (475 F-525 F) Cook the following steak sizes for the time indicated until the cooked steak reaches 145 F degrees internal temperature, as measured with a meat thermometer. Allow the product to rest for 3 minutes before serving. Cook times may vary, dependent upon equipment. Size (Thickness), Cooking time (first side/After turning): 1/2-4 min./2 min.; 3/4-5 min./3 min.; 1-7 min./6 min.; 1 1/2-9 min./8min.

SERVING SUGGESTIONS

Versatile to use for many menu applications for breakfast, lunch, and dinner! Serve: As center of the plate steak dinner with potatoes and a vegetable. With caramelized onions or sautéed mushrooms. With Bleu cheese or horseradish sauce. With caramelized onions or sautéed mushrooms. With your signature seasoning or any steak seasoning. As a breakfast steak. As a steak sandwich. Sliced for salads. Sliced for fajitas. Sliced for stir fries. Cut into cubes for shish kabobs.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	140
Protein	17 g
Total Carbohydrates	0 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	7
Trans Fat	0 g
Saturated Fat	3 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	55 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	250 mg
Calcium	9 mg
Iron	1.8 mg
Potassium	280 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

CORN	CONTAINS	TRANS_FAT	FREE_FROM	GLUTEN	FREE_FROM
MSG	NO_ADDED	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	PALM_OIL	FREE_FROM
FREE_FROM_GLUTEN	YES				

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