### 200909 - Cinnamon Chex Gluten Free Cereal Single Serve Bowlpak...

A whole grain rice, gluten-free cereal sweetened with real cinnamon in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria and CACFP-eligible.



#### MARKETING

A whole grain rice, gluten-free cereal sweetened with real cinnamon. 96 - 1 oz single serve branded bowls per case. This ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab 'n go snack... Gluten Free. Contains no artificial flavors and no colors from artificial sources.. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain standard, whole grain-rich criteria and CACFP eligible.

### PRODUCT SPECIFICATIONS

Code		Dist Prod Code				GTIN			Calculated Pack			
38387000			200909			1	10016000383873			96/1 OZ		
Brand	Brand Owner						GPC Description					
Chex	GENERAL MILLS SALES			S INC.		Cereals Products - Ready to Eat (Shelf Stable)						
Gross Weight Ne		Net V	/eight	ight Case/Catch W			Country Of Origin		Kosher	Child Nutrition		
10.300 LBR		6.00	LBR No		No		United States		ites	Yes	No	
Shipping												
Length	Width		Hei	Height Volu		ie .	TIxHI	Shelf Life		Storage Temp From/To		
16.870 INH	13.	000 INH	14.00	O INH	1.77700 F	TQ	9x7	312 D	ays	32 FAH / 95 FAH		
Traceability Regulation												
Regulation Type Code		ре	Regulatory Trade Act			Item Regulation Compliant			Regulation Restrictions and Descriptors			
N/A			N/A			N/A		N/A				

# **Nutrition Facts**

96 Servings per container

Serving Size

Amount Per Serving Calories

110

% Daily Value\*

1 bowl

Total Fat 2.5	3%	
Saturated Fat 0 g	0%	
Trans Fat 0 g		
Cholesterol 0 mg	0%	
Sodium 160 mg	7%	
Total Carbohydrates 23 g	8%	
Dietary Fiber 1 g	4%	
Total Sugars 6 g		
Includes 6 g Added Sugars	11%	
Protein 1 g		
Vitamin D 2.2 mcg	10%	
Calcium 90 mg	6%	
Iron 7.5 mg	40%	
Potassium 0 mg	0%	

<sup>\*</sup> The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

#### HANDLING SUGGESTIONS

Keep in a cool, dry place



### ALLERGENS



C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

(f) Milk - 30

Peanuts - 30

(f) Eggs - 30

(1) Tree - 30

🗞 Soybean - 30

(SO) Fish - 30

(<u>&</u>) Wheat - 30

Shellfish - NI

Sesame - 30

(!) Crustaceans - 30

Pine Nuts - 30

! Almonds - 30

(!) Cashews - 30

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Macadamia Nuts - 30 (!)

!)Hazelnuts - 30

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Chestnuts - 30

! Coconuts - 30

Pecan Nuts - 30

! Brazil Nuts - 30

Pistachios - 30

( ) Walnuts - 30

Molluscs - 30

(!) X99 - UN

#### INGREDIENTS



Whole Grain Rice, Rice, Sugar, Canola and/or Sunflower Oil, Salt, Cinnamon, Molasses, Rosemary Extract, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Tricalcium Phosphate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

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#### PREPARATION & COOKING SUGGESTIONS



SERVING SUGGESTIONS



MORE INFORMATION



Ready to eat

One Bowlpak

### **NUTRITIONAL ANALYSIS**



Calories	110
Protein	1 g
Total Carbohydrates	23 g
Sugars	6 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	6 g
Polyunsaturated Fat	0.5 g
Monounsaturated Fat	1.5 g
Cholesterol	0 mg
Vitamin D	2.2 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	160 mg
Calcium	90 mg
Iron	7.5 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### **NUTRITIONAL CLAIMS**



ARTIFICIAL_FLAVOUR	FREE_FROM	CHOLESTEROL	LOW	MSG	FREE_FROM
IRON	GOOD_SOURCE_OF	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	WHOLE_GRAIN	CONTAINS
CALCIUM	GOOD_SOURCE_OF	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	ENERGY	SOURCE_OF
IRON	EXCELLENT_SOURCE_OF				
VITAMIN_D	GOOD_SOURCE_OF	GLUTEN	FREE_FROM	SATURATED_FAT	LOW
TRANS_FAT	FREE_FROM	WHOLE_GRAIN	EXCELLENT_SOURCE_OF	CHOLESTEROL	FREE_FROM
FREE_FROM_GLUTEN	YES	VEGETARIAN	YES	KOSHER	YES

#### Chex

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MORE IMAGES



