

# 200909 - Cinnamon Chex Gluten Free Cereal Single Serve Bowlpak...

A whole grain rice, gluten-free cereal sweetened with real cinnamon in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria and CACFP-eligible.



## MARKETING

A whole grain rice, gluten-free cereal sweetened with real cinnamon.. 96 - 1 oz single serve branded bowls per case. This ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab 'n go snack.. Gluten Free. Contains no artificial flavors and no colors from artificial sources.. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain standard, whole grain-rich criteria and CACFP eligible.

## Nutrition Facts

96 Servings per container

Serving Size

1 bowl

Amount Per Serving

Calories

110

% Daily Value\*

Total Fat 2.5

3%

Saturated Fat 0 g

0%

Trans Fat 0 g

Cholesterol 0 mg

0%

Sodium 160 mg

7%

Total Carbohydrates 23 g

8%

Dietary Fiber 1 g

4%

Total Sugars 6 g

Includes 6 g Added Sugars

11%

Protein 1 g

Vitamin D 2.2 mcg

10%

Calcium 90 mg

6%

Iron 7.5 mg

40%

Potassium 0 mg

0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
38387000	200909	10016000383873	96/1 OZ

Brand	Brand Owner	GPC Description
Chex	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.300 LBR	6.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.870 INH	13.000 INH	14.000 INH	1.77700 FTQ	9x7	312 Days	32 FAH / 95 FAH

## HANDLING SUGGESTIONS

Keep in a cool, dry place

## SERVING SUGGESTIONS

One Bowlpak

## PREPARATION & COOKING SUGGESTIONS

Ready to eat

## INGREDIENTS

Whole Grain Rice, Rice, Sugar, Canola and/or Sunflower Oil, Salt, Cinnamon, Molasses, Rosemary Extract, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Tricalcium Phosphate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soybean - 30
- Wheat - 30
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30

## MORE INFORMATION

⚠ Brazil Nuts - 30

⚠ Pistachios - 30

⚠ Walnuts - 30

⚠ Molluscs - 30

⚠ X99 - UN

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## NUTRITIONAL ANALYSIS



Calories	110
Protein	1 g
Total Carbohydrates	23 g
Sugars	6 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	6 g
Polyunsaturated Fat	0.5 g
Monounsaturated Fat	1.5 g
Cholesterol	0 mg
Vitamin D	2.2 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	160 mg
Calcium	90 mg
Iron	7.5 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



ARTIFICIAL_FLAVOUR	FREE_FROM	CHOLESTEROL	LOW	MSG	FREE_FROM
IRON	GOOD_SOURCE_OF	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	WHOLE_GRAIN	CONTAINS
CALCIUM	GOOD_SOURCE_OF	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	ENERGY	SOURCE_OF
IRON	EXCELLENT_SOURCE_OF	GLUTEN	FREE_FROM	SATURATED_FAT	LOW
VITAMIN_D	GOOD_SOURCE_OF	WHOLE_GRAIN	EXCELLENT_SOURCE_OF	CHOLESTEROL	FREE_FROM
TRANS_FAT	FREE_FROM	VEGETARIAN	YES	KOSHER	YES
FREE_FROM_GLUTEN	YES				

## MORE IMAGES

