

# 20909 - Cinnamon Chex(TM) Cereal Single Serve Bowlpak (96 ct)...



A whole grain rice, gluten-free cereal sweetened with real cinnamon in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria and CACFP-eligible.



## MARKETING

A whole grain rice, gluten-free cereal sweetened with real cinnamon. 96 - 1 oz single serve branded bowls per case. This ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab 'n go snack. Gluten Free. Contains no artificial flavors and no colors from artificial sources. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain standard, whole grain-rich criteria and CACFP eligible.

## Nutrition Facts

96 Servings per container	
<b>Serving Size</b>	<b>1 bowl</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>110</b>
% Daily Value*	
<b>Total Fat</b> 2.5	<b>3%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 160 mg	<b>7%</b>
<b>Total Carbohydrates</b> 23 g	<b>8%</b>
Dietary Fiber 1 g	<b>4%</b>
Total Sugars 6 g	
Includes 6 g Added Sugars	<b>11%</b>
<b>Protein</b> 1 g	
Vitamin D 2.2 mcg	10%
Calcium 90 mg	6%
Iron 7.5 mg	40%
Potassium 0 mg	0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
38387000	20909	10016000383873	96/1 OZ

  

Brand	Brand Owner	GPC Description
Chex	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)

  

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.300 LBR	6.00 LBR	No	United States	Yes	No

  

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.870 INH	13.000 INH	14.000 INH	1.77700 FTQ	9x7	312 Days	32 FAH / 95 FAH

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

## SERVING SUGGESTIONS

One Bowlpak

## INGREDIENTS

Whole Grain Rice, Rice, Sugar, Canola and/or Sunflower Oil, Salt, Cinnamon, Molasses, Rosemary Extract, Natural Flavor, Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Tricalcium Phosphate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

## HANDLING SUGGESTIONS

Keep in a cool, dry place

## PREPARATION & COOKING SUGGESTIONS

Ready to eat

## MORE INFORMATION

## 200909 - Cinnamon Chex(TM) Cereal Single Serve Bowlpak (96 ct)...



A whole grain rice, gluten-free cereal sweetened with real cinnamon in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria and CACFP-eligible.

### NUTRITIONAL ANALYSIS



Calories	110
Protein	1 g
Total Carbohydrates	23 g
Sugars	6 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	6 g
Polyunsaturated Fat	0.5 g
Monounsaturated Fat	1.5 g
Cholesterol	0 mg
Vitamin D	2.2 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	160 mg
Calcium	90 mg
Iron	7.5 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS



CHOLESTEROL	LOW	MSG	FREE_FROM	IRON	EXCELLENT_SOURCE_OF
WHOLE_GRAIN	EXCELLENT_SOURCE_OF	CHOLESTEROL	FREE_FROM	TRANS_FAT	FREE_FROM
SATURATED_FAT	LOW	GLUTEN	FREE_FROM	VITAMIN_D	GOOD_SOURCE_OF
ARTIFICIAL_FLAVOUR	FREE_FROM	CALCIUM	GOOD_SOURCE_OF	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM
ENERGY	SOURCE_OF	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	IRON	GOOD_SOURCE_OF
WHOLE_GRAIN	CONTAINS	FREE_FROM_GLUTEN	YES	VEGETARIAN	YES
KOSHER	YES				

### MORE IMAGES

