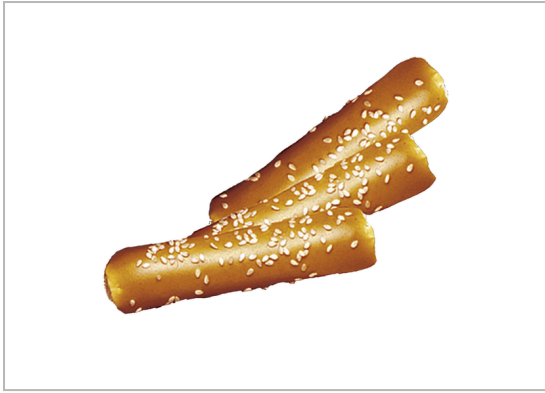


# 10073321310124 - 51% WholeGrain Baked Pretzel Rod-10Z/180

Provides various grains/breads for the Child Nutrition Program. Delivers up to 4 g fiber per pretzel, depending on size. Simply heat and serve



## MARKETING

Offer a whole lot of goodness with our 51% Whole Grain Pretzels. The perfect addition to any nutritious meal. Our soft, warm and delicious 51% whole grain pretzels with increased fiber and whole grain goodness. They're a great way to add excitement to school menus and more.

## PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description
31012	10073321310124	case of 180

Brand	Brand Owner	GPC Description
SUPERPRETZEL®	J&J SNACK FOODS CORP.	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12.77 LBR	11.875 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.38 INH	11.38 INH	7.75 INH	0.7844 FTQ	10x10	365 Days	-10 FAH / 15 FAH

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

## HANDLING SUGGESTIONS

Keep Frozen (0° F or below). Shelf life up to one year when stored properly.

## MORE INFORMATION

## SERVING SUGGESTIONS

Bake and serve.

## PREPARATION & COOKING SUGGESTIONS

Oven - Preheat to 350-400F. Lightly mist frozen soft pretzel with water, then sprinkle with salt if desired. Place salted pretzel in the oven and bake for 3-5 minutes. Microwave - Lightly mist frozen soft pretzel with water, sprinkle salt, microwave on high for 20-40 seconds. Heating times and temperatures may vary

# Nutrition Facts

180 Servings per container

**Serving Size** 2 pretzel rods (56g)

**Amount Per Serving**  
**Calories** **140**

% Daily Value\*

<b>Total Fat</b> 1 g	<b>1%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 550 mg	<b>24%</b>
<b>Total Carbohydrates</b> 29 g	<b>11%</b>
Dietary Fiber 3 g	<b>11%</b>
Total Sugars 0 g	
Includes 0 g Added Sugars	<b>0%</b>

## Protein 5 g

Vitamin D 0.2 mcg	2%
Calcium 10 mg	0%
Iron 1.9 mg	10%
Potassium 90 mg	2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS

WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CORN SYRUP, CONTAINS 2% OR LESS OF THE FOLLOWING: WHEAT GLUTEN, YEAST, DIASTATIC BARLEY MALT POWDER (MALTED BARLEY FLOUR, WHEAT FLOUR, DEXTROSE), ASCORBIC ACID, BICARBONATES AND CARBONATES OF SODA. CONTAINS WHEAT.