

10041224152202 - Roland Skin+Boneless Sardines/O.Oil

Roland Skinless & Boneless Sardines are ready to use and delicious. They are an instant meal with the addition of tomato, lettuce, and a good bread. They provide necessary protein and are packed in a flavorful olive oil.



MARKETING

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Nutrition Facts

1 Servings per container	
Serving Size	(88 Gram(s))
Amount Per Serving	
Calories	200
% Daily Value*	
Total Fat 13 g	17%
Saturated Fat 3.5 g	17%
Trans Fat 0 g	
Cholesterol 55 mg	18%
Sodium 350 mg	15%
Total Carbohydrates 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%

Protein 18 g	
Vitamin D 4.2 mcg	20%
Calcium 90 mg	8%
Iron 2 mg	10%
Potassium 300 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN			Pack Description		
15220		10041224152202					
Brand	Brand Owner			GPC Description			
Roland	American Roland Food Corp.			Fish - Prepared/Processed (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition	
37.48 LBR	27.56 LBR	No		Morocco	Yes	No	
Shipping							
Length	Width	Height	Volume	TLXHI	Shelf Life	Storage Temp From/To	
23 INH	13 INH	5.75 INH	0.99 FTQ	6x9	1800 Days	40 FAH / 75 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors		
TRACEABILITY_REGULATION		FSMA204	TRUE		N/A		

HANDLING SUGGESTIONS



Shelf stable. Refrigerate after opening. Best if this item is consumed shortly after opening.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- AU - N
- Sardine - C
- Peanuts - N
- Tree - N
- Fish - C
- Shellfish - N
- Crustaceans - N
- Mustard - N
- Molluscs - N

INGREDIENTS



SKINLESS & BONELESS SARDINES, OLIVE OIL, SALT. CONTAINS: SARDINES.

Roland

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PREPARATION & COOKING SUGGESTIONS

SERVING SUGGESTIONS

MORE INFORMATION