

Upstate Farms

227732 - Upstate Farms Peach Nonfat Blended Yogurt

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.



MARKETING

Nonfat Yogurt. Contains Live and Active Cultures. Excellent Source of Calcium & Vitamin D

Nutrition Facts

1 Servings per container

Serving Size8oz

Amount Per Serving

Calories180

% Daily Value*

Total Fat 00%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 5 mg2%

Sodium 105 mg5%

Total Carbohydrates 38 g14%

Dietary Fiber 0 g0%

Total Sugars 29 g

Includes 21 g Added Sugars42%

Protein 6 g

Vitamin D 8.1 mcg40%

Calcium 580 mg45%

Iron 0 mg0%

Potassium 290 mg6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
9834	227732	10078800113005	12/8oz UPFARM PEACH

Brand	Brand Owner	GPC Description
Upstate Farms	UPSTATE NIAGARA COOPERATIVE INC.	Yogurt (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
6.24 LBR	6 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.75 INH	9.5 INH	3.5625 INH	431.51 INQ	14x8	90 Days	34 FAH / 40 FAH

HANDLING SUGGESTIONS

Keep Refrigerated. DO NOT FREEZE.

SERVING SUGGESTIONS

Ready to eat as is or delicious when mixed with fruit or granola

PREPARATION & COOKING SUGGESTIONS

Keep refrigerated until ready to serve.

INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Peaches, Whey, Tricalcium Phosphate, Natural Flavors, Gellan Gum, Potassium Sorbate (for freshness), Citric Acid, Annatto (for color), Locust Bean Gum, Vitamin D3

- ALLERGENS
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C

Eggs - N

Soybean - N

Wheat - N

Sesame - N

AU - N

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

Mustard - N
- MORE INFORMATION
- Last Saved: 25 March 2025 | Printed: 19 April 2025

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NUTRITIONAL ANALYSIS

Calories	180	Total Fat	0	Sodium	105 mg
Protein	6 g	Trans Fat	0 g	Calcium	580 mg
Total Carbohydrates	38 g	Saturated Fat	0 g	Iron	0 mg
Sugars	29 g	Added Sugars	21 g	Potassium	290 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5 mg	Thiamin	
Vitamin A (IU)	0	Vitamin D	8.1 mcg	Niacin	
Vitamin A (RE)	0	Vitamin E		Riboflavin	
Vitamin C		Folate		Vitamin B-12	
Magnesium		Vitamin B-6		Nitrates	
Monosodium		Sulphites			

NUTRITIONAL CLAIMS

KOSHER	YES	FREE_FROM_GLUTEN	YES
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