



MARKETING

# Nutrition Facts

1 Servings per container

**Serving Size**1 sandwich (113 g)

**Amount Per Serving**

**Calories**290

% Daily Value\*

**Total Fat** 12 g15%

Saturated Fat 6 g30%

Trans Fat 0 g

**Cholesterol** 25 mg8%

**Sodium** 560 mg24%

**Total Carbohydrates** 36 g13%

Dietary Fiber 1 g4%

Total Sugars 3 g

Includes 1 g Added Sugars2%

**Protein** 9 g

Vitamin D 0 mcg0%

Calcium 150 mg10%

Iron 2.5 mg15%

Potassium 220 mg4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
00043695957389USL	101180	00043695957389	30 x 4 OZ			
Brand	Brand Owner	GPC Description				
HOT POCKETS	Société des Produits Nestlé S.A.	Sandwiches/Filled Rolls/Wraps (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
8.5 LBR	7.5 LBR	No		Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.4 INH	7.1 INH	7.4 INH	.44	15x5	420 Days	-18 FAH / -13 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - C

Eggs - C

Soybean - C

Wheat - C

Sesame - NI

Peanuts - NI

Tree - NI

Fish - NI

Shellfish - NI

INGREDIENTS

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, REDUCED FAT MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, NONFAT MILK, MODIFIED FOOD STARCH\*, CULTURES, SALT, VITAMIN A PALMITATE, ENZYMES, \*INGREDIENTS NOT IN REGULAR MOZZARELLA CHEESE), PEPPERONI (PORK, BEEF, SALT, WATER, DEXTROSE, SPICES, LACTIC ACID STARTER CULTURE, PAPRIKA OLEORESIN, DRIED GARLIC, SODIUM NITRITE, [BHA, BHT, CITRIC ACID TO PROTECT FLAVOR]), TOMATO PASTE, 2% OR LESS OF PALM OIL, SUGAR, VEGETABLE OIL (SOYBEAN OIL AND/OR CANOLA OIL), FRACTIONATED PALM OIL, MODIFIED CORNSTARCH, SALT, WHEAT FLOUR, YEAST, MALTODEXTRIN, GARLIC POWDER, CALCIUM SULFATE, SPICES, DRIED EGG YOLKS, MONOGLYCERIDES, TOMATO POWDER, POTASSIUM CHLORIDE, DEXTROSE, DRIED ONIONS, WHEY, AUTOLYZED YEAST EXTRACT, XANTHAN GUM, L-CYSTEINE HYDROCHLORIDE, CALCIUM PHOSPHATE, ENZYMES, CITRIC ACID, SOY FLOUR, DRIED EGG WHITES, FLAVORING.

Last Saved: 02 July 2025 | Printed: 18 August 2025

Powered by Syndigo LLC - syndigo.com

Page 1 of 3

HOT POCKETS

101180 - HOT POCKETS Pepperoni Pizza Frozen 30x4oz

PREPARATION & COOKING SUGGESTIONS

COOKING INSTRUCTIONS: 1. REMOVE WRAPPER. 2. COOK ACCORDING TO CHART BELOW.\* 3. REMOVE SANDWICH AND LET SIT FOR 2 MINUTES. \*SINCE OVENS VARY, COOKING TIMES MAY REQUIRE ADJUSTING.

SERVING SUGGESTIONS

Serve with a fresh salad.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	290	Total Fat	12 g	Sodium	560 mg
Protein	9 g	Trans Fat	0 g	Calcium	150 mg
Total Carbohydrates	36 g	Saturated Fat	6 g	Iron	2.5 mg
Sugars	3 g	Added Sugars	1 g	Potassium	220 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES



HOT POCKETS

101180 - HOT POCKETS Pepperoni Pizza Frozen 30x4oz

MORE IMAGES

