

CREAM OF WHEAT

201402 - INSTANT ORIGINAL 12 PACK

Mix in fresh fruit, cinnamon, granola, maple syrup or other favorites. Cream of Wheat Instant Original 12 pack.



MARKETING

12 - 1 oz packets. Just add water, microwave....and enjoy!. Cooks in 90 seconds!

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
80100015	201402	10019320000154	12/12 oz

Brand	Brand Owner	GPC Description
CREAM OF WHEAT	B&G FOODS INC.	Cereal/Grain/Pulse Products Variety Packs

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12 LBR	9 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14.8 INH	10.3 INH	8.2 INH	1250.01 INQ	12x6	730 Days	40 FAH / 85 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N

Eggs - N

Soy - N

Wheat - C

Sesame - N

Peanuts - N

Tree Nuts - N

Fish - N

Shellfish - NI

SERVING SUGGESTIONS

Mix in fresh fruit, cinnamon, granola, maple syrup or other favorites.

HANDLING SUGGESTIONS

Store at an Ambient Temperature.

PREPARATION & COOKING SUGGESTIONS

Mix with 2/3 cup water in microwavable bowl. Cookin on high 1 to 1 1/2 minutes. Stir and serve.

MORE INFORMATION

Nutrition Facts

12 Servings per container

Serving Size1 packet

Amount Per Serving

Calories100

% Daily Value*

Total Fat00%

Saturated Fat0 g0%

Trans Fat0 g

Cholesterol0 mg0%

Sodium170 mg7%

Total Carbohydrates20 g7%

Dietary Fiber0 g0%

Total Sugars0 g

Includes 0 g Added Sugars0%

Protein3 g

Vitamin D0 mcg0%

Calcium0 mg20%

Iron0 mg45%

Potassium0 mg0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Wheat Farina, Salt, Partially Defatted Wheat Germ, Guar Gum, Natural Flavors, BHT, Vitamins and Minerals: Calcium Carbonate, Ferric Phosphate (source of iron), Niacin, Vitamin A Palmitate, Pyridoxine Hydrochloride (Vitamin B6), Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2),Folic Acid.

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NUTRITIONAL ANALYSIS

Calories	100	Total Fat	0	Sodium	170 mg
Protein	3 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	20 g	Saturated Fat	0 g	Iron	0 mg
Sugars	0 g	Added Sugars	0 g	Potassium	0 mg
Dietary Fiber	0 g	Polyunsaturated Fat	0 g	Zinc	
Lactose		Monounsaturated Fat	0 g	Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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