

High Liner Foodservice, 4.54 kg / 10 lb, Individually Quick Frozen Pacific Halibut Portions, 57 - 85 g / 2 - 3 oz

High Liner Foodservice Pacific Halibut Portions possess the traits that make this species unlike any other: sweet, succulent flavour, snow-white colour and firm meaty flakes. These portions are consistently sized from wild caught Halibut harvested from cold North Pacific waters. They come individually quick frozen to freshly preserve the unique flavour and texture regardless of cooking method, as well as for handling and preparation ease. As highly versatile as it is prized, this Halibut provides a world of recipe opportunities waiting to happen, delivers exceptional plate coverage, and pleases the most discerning seafood lovers again and again.

Product Last Saved Date: 12 November 2025



HIGH LINER
FOODSERVICE™

Nutrition Facts

Servings per container

Serving Size Per about 2 portions (142 g)

Amount Per Serving

Calories 120

% Daily Value*

Total Fat 2 g 3%

Saturated Fat 0.4 g **2%**

Trans Fat 0 g

Cholesterol 65 mg %

Sodium 150 mg 7%

Total Carbohydrates 0 g %

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes Added Sugars %

Protein 25 g

Vitamin D %

Calcium 10 mg 1%

Iron 0.2 mg 1%

Potassium 600 mg 13%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

| Code | GTIN | Type Of Catch |
|----------|----------------|---------------|
| 12300003 | 10061763100038 | |

| Brand | GPC Description |
|------------------------|--|
| High Liner Foodservice | Fish - Unprepared/Unprocessed (Frozen) |

| Gross Weight | Net Weight | Country of Origin | Kosher | Gluten Free |
|--------------|------------|-------------------|------------|-------------|
| 5.334 KGM | | | Undeclared | |

Shipping Information

| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
|----------|----------|----------|------------|-------|------------|----------------------|
| 36.9 CMT | 25.2 CMT | 14.1 CMT | 0.0131 MTQ | 11x10 | 540 Days | |

Ingredients :

Pacific halibut, Water, Sodium phosphate (to retain moisture). Contains: Pacific halibut (fish).

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INI='Intentionally nor Inherently Included'):

| | | |
|--------------|-----------------|---------------|
| Eggs - NI | Milk - NI | Soy - NI |
| Fish - NI | Wheat - NI | TreeNuts - NI |
| Peanuts - NI | Crustacean - NI | Sesame - NI |

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FOR BEST RESULTS, COOK FROM FROZEN. Cook until a minimum internal temperature of 158°F (70°C) is reached. To thaw, place in refrigerator overnight. Do not thaw in warm water or at room temperature.

Species / Scientific Name:

Serving Suggestions:

Poach halibut in an aromatic broth with lemongrass and ginger. Goes great with roasted vegetables or smashed cauliflower.

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: No
CN Statement:

