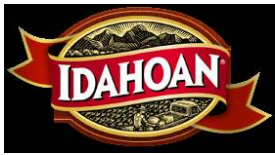


764821 - Idahoan® SMARTMASH® Very Low Sodium Dairy-Free Mashed...

Made to deliver delicious taste, with only 20 mg of sodium. Formerly Naturally® Mashed Potatoes (Very Low Sodium), these are perfect for healthcare, K12, or wherever low sodium or dairy-free options are needed.



MARKETING

Made with 100% Idaho Potatoes. Naturally Gluten Free potatoes

Nutrition Facts

| | |
|---------------------------|---------|
| 96 Servings per container | |
| Serving Size | 1/4 cup |
| Amount Per Serving | |
| Calories | 80 |
| % Daily Value* | |
| Total Fat 0.5 g | 1% |
| Saturated Fat 0 g | 0% |
| Trans Fat 0 g | |
| Cholesterol 0 mg | 0% |
| Sodium 20 mg | 1% |
| Total Carbohydrates 17 g | 6% |
| Dietary Fiber 1 g | 4% |
| Total Sugars 0 g | |
| Includes 0 g Added Sugars | 0% |

PRODUCT SPECIFICATIONS

| Code | Dist Prod Code | GTIN | Calculated Pack |
|------------|----------------|----------------|-----------------|
| 2970000316 | 764821 | 10029700003163 | 6 x 4.69# |

| Brand | Brand Owner | GPC Description |
|---------|-------------------|-----------------|
| Idahoan | Idahoan Foods LLC | Potatoes |

| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|-------------------|--------|-----------------|
| 30.53 LBR | 28.14 LBR | No | United States | Yes | No |

| Shipping | | | | | | |
|-----------|------------|-----------|-----------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHl | Shelf Life | Storage Temp From/To |
| 17.25 INH | 11.875 INH | 10.07 INH | 1.194 FTQ | 8x4 | 365 Days | 32 FAH / 80 FAH |

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree Nuts - N
- Soy - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N

SERVING SUGGESTIONS

Serve warm.

INGREDIENTS

Idaho® potatoes, sunflower oil, monoglycerides, calcium stearoyl lactylate, spice, artificial color, artificial flavor. Freshness preserved by sodium acid pyrophosphate, sodium bisulfite, citric acid, and mixed tocopherols.

HANDLING SUGGESTIONS

The shelf life is approximately 12 months from date of packaging code (imprinted on the package), when shipped and stored away from direct heat, in a cool, dry location, away from strong contaminating odors. Shipping and storage conditions should not exceed 80°F and 60% R.H.

PREPARATION & COOKING SUGGESTIONS

Hot Water Preparation 1). Measure boiling water into a steam table pan according to the servings on the chart on the packaging. 2).Add potatoes all at once, using a spoon or wire whip to distribute evenly and wet all potatoes. 3).Let stand for 60 seconds, stir well and serve. If desired, add 2 1/4 tsp. salt per 1/2 gallon of water (adds approximately 340 mg sodium per serving).

MORE INFORMATION

Idahoan

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NUTRITIONAL ANALYSIS



| | | | | | |
|---------------------|--------|---------------------|-------|--------------|--------|
| Calories | 80 | Total Fat | 0.5 g | Sodium | 20 mg |
| Protein | 2 g | Trans Fat | 0 g | Calcium | 20 mg |
| Total Carbohydrates | 17 g | Saturated Fat | 0 g | Iron | 0.3 mg |
| Sugars | 0 g | Added Sugars | 0 g | Potassium | 230 mg |
| Dietary Fiber | 1 g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0 mg | | |
| Vitamin A (IU) | 0 0 iu | Vitamin D | 0 mcg | Thiamin | |
| Vitamin A (RE) | 0 | Vitamin E | | Niacin | |
| Vitamin C | 3 mg | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12 | |
| Monosodium | | Sulphites | | Nitrates | |

NUTRITIONAL CLAIMS



| | | | |
|--------|-----|------------------|-----|
| KOSHER | YES | FREE_FROM_GLUTEN | YES |
|--------|-----|------------------|-----|

MORE IMAGES

