

18951 - Multigrain Flax Cracker Organic

Baked from scratch and addictively crunchy. We use simple ingredients to bake unevenly beautiful crackers. All from scratch since 1992.



MARKETING

Enjoy with a hearty soup, your favorite greens or pair with you favorite cheese for a savory meal! Crunchy flax seeds and organic whole grain flour come together to form the perfect wholesome snack.

PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
67001895		12899055000647		12/8 OZ		
Brand		Brand Owner		GPC Description		
Firehook		Firehook Of Virginia Inc		Snacks Other		
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
9 LBR	6 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18 INH	14.8 INH	8.5 INH	1.31 FTQ	06x09	180 Days	60 FAH / 77 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

See label for suggestions---UNIT UPC: 899055000642---

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - C
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N

Nutrition Facts

8 Servings per container	
Serving Size	1.0 OZ
Amount Per Serving	
Calories	90
% Daily Value*	
Total Fat 1 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 150 mg	6%
Total Carbohydrates 18 g	6%
Dietary Fiber 2 g	8%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.6 mg	4%
Potassium 0 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Organic Wheat Flour, Whole Wheat Flour, 7-Grains & Seeds (wheat, rye, corn, barley, flax seeds, millet and Oats), Organic Honey, Organic Yeast, Salt, Organic Olive Oil

Firehook

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PREPARATION & COOKING SUGGESTIONS

See label for suggestions

SERVING SUGGESTIONS

See label for suggestions

MORE INFORMATION