632404 - Mrs. Friday's Honey Butter Biscuit Flounder

A fish favorite meets a sweet, craveable coating for a menu all-star. Our flaky, mild-tasting, MSC-certified flounder complements the honey butter biscuit coating for a delicious new fan favorite. Our exclusive coating has a homemade appearance and many, many menu applications. Quick and versatile preparation means consistency and labor savings for you.



MARKETING



35 Servings per container Serving Size 3.3 Ounces

Nutrition Facts

Amount Per Serving

Calories

160

	% Daily Value*
Total Fat 4.5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 25 mg	8%
Sodium 610 mg	26%
Total Carbohydrates 21 g	7%
Dietary Fiber 0 g	2%
Total Sugars 0 g	
Includes 2 g Added Sugars	3%
Protein 8 g	
Vitamin D 2 mcg	0%
Calcium 45 mg	3%

Potassium 110 mg 2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
075722	632404	00041338757228	4 x 2.5#

Brand	Brand Owner	GPC Description		
Mrs. Friday's®	King & Prince Seafood Corp	Fish - Prepared/Processed (Frozen)		

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
11 LBR	10 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.838 INH	9.8380 INH	7.1140 INH	0.55 FTQ	12x6	365 Days	-10 FAH / 0 FAH

HANDLING SUGGESTIONS

Keep Frozen



SERVING SUGGESTIONS



Iron 2 mg

• Signature fish & chips • Appetizers • Salads • Oneof-a-kind fish sandwich • Surf and Turf • Wraps • Tacos

PREPARATION & COOKING SUGGESTIONS

8

6%

Keep frozen until ready to use. Do not refreeze. Cook to an internal temperature of 165°F. Appliances may vary. Deep Fryer: Fry in clean oil at 350°F for 4 minutes or until golden brown. Convection Oven: Preheat oven to 375°F. Place product on baking sheet and cook for approximately 12-14 minutes. For best results, apply non-stick coating to the baking pan and turn the fillets over half-way through baking.

INGREDIENTS



Flounder, Bleached Wheat Flour, Water, Cottonseed And/Or Soybean Oil, Brown Sugar, Salt, Modified Corn Starch, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Honey, Maltodextrin, Soybean Oil, Wheat Starch, Sucralose, Soy Lecithin, Tapioca Dextrin, Modified Butter Oil, Dehydrated Butter, Guar Gum, Starter Distillate, Extractives of Turmeric and Annatto. Contains: Fish (Flounder), Milk, Soy, Wheat.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

([]) Milk - C

Peanuts - N

(n) Eggs - N



Soybean - C







Sesame - N





MORE INFORMATION

Website: www.kpseafood.com

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NUTRITIONAL ANALYSIS

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Calories	160
Protein	8 g
Total Carbohydrates	21 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	4.5 g
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	2 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	25 mg
Vitamin D	2 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	610 mg
Calcium	45 mg
Iron	2 mg
Potassium	110 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

(!)

MORE IMAGES





