632942 - 1/10 LB Raw Breaded Haddock Tail Portions, 4 oz, MSC

High Liner Breaded Haddock Tail Portions offer great value for a variety of applications. These natural-shaped wild caught Haddock portions are coated in a delicious signature seasoned breading that preserves the slightly sweet, creamy flakiness of this species. Each fries from frozen to perfection in minutes, delivering the consistency and plate appeal you demand.





MARKETING



Nutrition Facts

40 Servings per container

Serving Size 1 Portion (112a)

Amount Per Serving Calories

	% Daily Value*
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	

Cholesterol 40 mg	13%
Sodium 320 mg	14%

Total Carbohydrates 18 g	7%
Dietary Fiber 0 g	0%

Total Sugars 0 g Includes 0 g Added Sugars 0%

Protein 13 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.4 mg	2%

Potassium 230 mg 4% The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
01074	632942	00074638010748	1/10 LB

Brand	Brand Owner	GPC Description
High Liner Foodservice	High Liner Foods Inc.	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
11 LBR	10 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	547 Days	-10 FAH / 0 FAH

ALLERGENS







C = 'Contains', MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(例)Milk - N

(%) Peanuts - N

(Eggs - N

(13) Tree Nuts - N

(M) Shellfish - NI



Fish - C



Keep Frozen



SERVING SUGGESTIONS



Perfectly portioned and shaped for fish sandwiches, baskets or fish fry specials. Pairs well with your own complementary sauces and sides.

INGREDIENTS

advice.



HADDOCK, WATER, BLEACHED WHEAT FLOUR, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, NATURAL FLAVORS, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, SALT, DEXTROSE, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE). CONTAINS: FISH (HADDOCK), WHEAT

HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Deep fry portions for 4-5 minutes at 350°F or until golden brown, drain and serve. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

MORE INFORMATION



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NUTRITIONAL ANALYSIS

Calories	140
Protein	13 g
Total Carbohydrates	18 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.5 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	40 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	320 mg
Calcium	0 mg
Iron	0.4 mg
Potassium	230 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES







