632942 - 1/10 LB Raw Breaded Haddock Tail Portions, 4 oz, MSC

High Liner Breaded Haddock Tail Portions offer great value for a variety of applications. These natural-shaped wild caught Haddock portions are coated in a delicious signature seasoned breading that preserves the slightly sweet, creamy flakiness of this species. Each fries from frozen to perfection in minutes, delivering the consistency and plate appeal you demand.



MARKETING



Amount Per Serving Calories 140 **Daily Value* Total Fat 0.5 g Saturated Fat 0 g 0%

1 Portion (112a)

Nutrition Facts

40 Servings per container

Serving Size

 Trans Fat 0 g

 Cholesterol 40 mg
 13%

 Sodium 320 mg
 14%

 Total Carbohydrates 18 g
 7%

 Dietary Fiber 0 g
 0%

Dietary Fiber 0 g 0%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

 Vitamin D 0 mcg
 0%

 Calcium 0 mg
 0%

 Iron 0.4 mg
 2%

 Potassium 230 mg
 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS

PRODUCT SPECIFICATIONS											
Code	Dist Prod Code				GTIN				Calculated Pack		
01074	01074 632942				00074638010748			40 x 4 OZ			
Brand				Brand Owne				G		GPC Description	
High Liner Foodservice				High Liner Food			ıc.	Fish - Prepared/Processed			sed (Frozen)
Gross Weight		Net Weight		Case/Catch Weig		n Weight	Cou	untry Of Origin		Kosher	Child Nutrition
11 LBR 10 LBF		₹		No		United States			Undeclared	No	
Shipping											
Length	Length Width		Height		Volume		TIxHI	Shelf Life		Storage Temp From/To	
15.8125 INH	7.	7.8125 INH		8.625 INH 0		66 FTQ	15x5	547 Days		-10 F	AH / 0 FAH
Traceability Regulation											
Regulation Type Code			R	Regulatory Act		Trade Item Regulation Compliant		Regulation Restrictions and Descriptors			

HANDLING SUGGESTIONS

Keep Frozen

TRACEABILITY_REGULATION



FSMA204

ALLERGENS

TRUE



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(i) Milk - N

Peanuts - N

N/A

(n) Eggs - N

(T) Tree - N

Soybean - N

Fish - C

Wheat - C

Shellfish - NI

Sesame - N

Prustaceans - N

INGREDIENTS



HADDOCK, WATER, BLEACHED WHEAT FLOUR, MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, NATURAL FLAVORS, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, SALT, DEXTROSE, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE). CONTAINS: FISH (HADDOCK), WHEAT

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Perfectly portioned and shaped for fish sandwiches,

baskets or fish fry specials. Pairs well with your own

PREPARATION & COOKING SUGGESTIONS



SERVING SUGGESTIONS

complementary sauces and sides.



MORE INFORMATION



COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Deep fry portions for 4-5 minutes at 350°F or until golden brown, drain and serve. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

NUTRITIONAL ANALYSIS

7	
	=P

Calories	140
Protein	13 g
Total Carbohydrates	18 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.5 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	40 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	320 mg
Calcium	0 mg
Iron	0.4 mg
Potassium	230 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES







