

202263 - Quaker Life Multigrain Cereal Regular 10 Oz 4 Ct

QUAKER LIFE Cereal in a convenient bulk pack; the right size if you are featuring LIFE Cereal from a dispenser on your breakfast bar, include on your menu or are using LIFE Cereal as an ingredient. Sold in 40 OZ packages. The packages are not labeled for retail sale.



MARKETING

QUAKER LIFE Cereal in a convenient bulk pack; the right size if you are featuring LIFE Cereal from a dispenser on your breakfast bar, include on your menu or are using LIFE Cereal as an ingredient.. Sold in 40 OZ packages.. The packages are not labeled for retail sale.

Nutrition Facts

17 Servings per container

Serving Size With 2/3 Cup Vitamin A&D Fortified Skim Milk

Amount Per Serving	
Calories	210
% Daily Value*	
Total Fat 2	3%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 5 mg	1%
Sodium 270 mg	12%
Total Carbohydrates 41 g	15%
Dietary Fiber 3 g	10%
Total Sugars 16 g	
Includes 8 g Added Sugars	16%
Protein 10 g	
Vitamin D 2 mcg	8%
Calcium 350 mg	25%
Iron 13.3 mg	70%
Potassium 370 mg	6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10030000431419	202263	10030000431419	4 x 40 OZ

Brand	Brand Owner	GPC Description
Quaker	PepsiCo Inc. Brand Owner	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
11.29 LBR	10 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16 INH	12 INH	12.19 INH	1.354 FTQ	10x4	360 Days	35 FAH / 85 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - NI
- Peanuts - NI
- Eggs - NI
- Tree Nuts - NI
- Soy - NI
- Fish - NI
- Wheat - C
- Shellfish - NI
- Sesame - NI

SERVING SUGGESTIONS

INGREDIENTS

Whole Grain Oat Flour, Corn Flour, Sugar, Whole Wheat Flour, Calcium Carbonate, Salt, Baking Soda, Tocopherols (To Preserve Freshness), Reduced Iron, Niacinamide\*, Annatto (Color), Thiamine Mononitrate\*, Pyridoxine Hydrochloride\*, Riboflavin\*, Folic Acid\*.\*One Of The B Vitamins. Contains Wheat Ingredients.

HANDLING SUGGESTIONS

All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store at room temperature out of direct sunlight.

PREPARATION & COOKING SUGGESTIONS

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	210
Protein	10 g
Total Carbohydrates	41 g
Sugars	16 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	8 g
Polyunsaturated Fat	0.5 g
Monounsaturated Fat	0.5 g
Cholesterol	5 mg
Vitamin D	2 mcg
Vitamin E	
Folate	
Vitamin B-6	0.51 mg
Sulphites	

Sodium	270 mg
Calcium	350 mg
Iron	13.3 mg
Potassium	370 mg
Zinc	
Phosphorus	250 mg
Thiamin	0.42 mg
Niacin	4.8 mg
Riboflavin	0.65 mg
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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MORE IMAGES

