

Matiz

405638 - Wild Spicy Sardines

Wild-caught in the waters of the Eastern Atlantic and hand packed in Galicia in northern Spain, Matiz Sardines are considered one of the finest sardines available. Prepared with spicy piri piri chili peppers and olive oil, they are plump and tender with a rich spicy flavor. Enjoy fresh from the tin, or on toast with avocado and onion.



MARKETING

Wild-caught in the waters of the Eastern Atlantic and hand packed in Galicia in northern Spain, Matiz Sardines are considered one of the finest sardines available. Hand-packed with Spanish olive oil and spicy piri piri chilies.

Nutrition Facts

1 Servings per container	
Serving Size	3.0 OZ
Amount Per Serving	
Calories	200
% Daily Value*	
Total Fat 14 g	18%
Saturated Fat 3 g	15%
Trans Fat 0 g	
Cholesterol 35 mg	11%
Sodium 340 mg	15%
Total Carbohydrates 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%

Protein 18 g	
Vitamin D 4 mcg	20%
Calcium 260 mg	20%
Iron 2 mg	10%
Potassium 310 mg	8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN			Pack Description		
MZG16		10832924005635			12/4.2 OZ		
Brand	Brand Owner			GPC Description			
Matiz	Power Selles Imports			Fish - Prepared/Processed (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition		
4.61 LBR	3.15 LBR	No	Spain	Undeclared	No		
Shipping							
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
14.76 INH	4.53 INH	2.76 INH	0.11 FTQ	20x14	426 Days	60 FAH / 77 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors		
N/A		N/A	N/A		N/A		

HANDLING SUGGESTIONS

Refrigerate after opening.---UNIT UPC: 832924005638---

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - C
- Wheat - N
- Shellfish - MC
- Sesame - N
- Crustaceans - MC
- Molluscs - MC

INGREDIENTS

Sardines (fish), olive oil, piri piri chili pepper, salt.

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PREPARATION & COOKING SUGGESTIONS



Open and eat or add to your favorite preparation.

SERVING SUGGESTIONS



Enjoy fresh from the tin, or on toast with avocado and onion.

MORE INFORMATION

