

560435 - Little Northern Bakehouse Gluten Free Plain Bagels

We crafted a gluten-free bagel that proudly lives up to our commitment to giving you baked goods that aren't just good for gluten-free, they're good, period. These mouthwateringly scrumptious gluten-free bagels can take you from breakfast, to bagelwich-and beyond!



MARKETING

Certified Gluten Free, Non-GMO Project Verified, BioChecked Non Glyphosate Certified, Certified Plant Based, Kosher, Peanut & Nut Free. The ultimate au naturel foundation for whatever sweet or savory topping or filling combination you can dream up, our Plain bagels give you complete freedom to express your inspired, gluten-free self.. All taste. No Gluten. Finally, delicious gluten free bagels! Vegan, allergy friendly, Non-GMO Project Verified bagels everyone will enjoy! Nothing beats a classic, practically perfect in every way.

Nutrition Facts

4 Servings per container	
Serving Size	1 bagel
Amount Per Serving	
Calories	260
% Daily Value*	
Total Fat 6	8%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 590 mg	26%
Total Carbohydrates 53 g	19%
Dietary Fiber 4 g	14%
Total Sugars 6 g	
Includes 6 g Added Sugars	12%
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 28 mg	2%
Iron 1.6 mg	8%
Potassium 75 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
120620450	560435	10671521471319	24 x 3.5OZ

Brand	Brand Owner	GPC Description
Little Northern Bakehouse	Vibrant Health Products Inc.	Bread (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
6.078 LBR	5.291 LBR	No	Canada	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.688 INH	13.125 INH	4.938 INH	0.551 FTQ	9x9	365 Days	-13 FAH / -0.4 FAH

HANDLING SUGGESTIONS

The product shall be transported and stored frozen at a temperature less than or equal to -18 ° C (0 ° F)

SERVING SUGGESTIONS

The ultimate au naturel foundation for whatever sweet or savory topping or filling combination you can dream up, our Plain bagels give you complete freedom to express your inspired, gluten-free self. Our bagels are perfect right out of the bag or toasted, great for breakfast or lunch as open face or a sandwich.

PREPARATION & COOKING SUGGESTIONS

Little Northern Bakehouse Bagels have a shelf life of 9 days at room temperature. To extend shelf life, keep product in the freezer and follow these thawing instructions: 1. Remove product pack from the freezer. 2. Place the product pack in an ambient well-ventilated area. Do not thaw in the refrigerator, choosing a warmer spot will thaw the product quicker and maintain the quality. It is recommended to thaw the bagels overnight to have ready for use the following day. Or, thaw by the bagel (<30 minutes) to use as needed. Things to remember: 1. Do not thaw within the box or in refrigerator 2. Choose an ambient well-ventilated area to thaw the bagels. 3. Store on the counter at room temperature. Do not store in the fridge to avoid dryness. Do not store on top of the fridge to avoid reduced shelf life.

INGREDIENTS

Water, gluten-free flour blend (modified tapioca starch, brown rice flour, potato starch, corn starch), cane sugar, sunflower oil psyllium husk, contains 2 percent or less of baking powder, pea hull fiber, salt, cellulose gum, rice bran, modified cellulose, yeast, cultured cane sugar.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	260
Protein	2 g
Total Carbohydrates	53 g
Sugars	6 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	6
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	6 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	590 mg
Calcium	28 mg
Iron	1.6 mg
Potassium	75 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



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