

560435 - Little Northern Bakehouse Gluten Free Plain Bagels

We crafted a gluten-free bagel that proudly lives up to our commitment to giving you baked goods that aren't just good for gluten-free, they're good, period. These mouthwateringly scrumptious gluten-free bagels can take you from breakfast, to bagelwich-and beyond!



MARKETING

Certified Gluten Free, Non-GMO Project Verified, BioChecked Non Glyphosate Certified, Certified Plant Based, Kosher, Peanut & Nut Free. The ultimate au naturel foundation for whatever sweet or savory topping or filling combination you can dream up, our Plain bagels give you complete freedom to express your inspired, gluten-free self.. All taste. No Gluten. Finally, delicious gluten free bagels! Vegan, allergy friendly, Non-GMO Project Verified bagels everyone will enjoy! Nothing beats a classic, practically perfect in every way.

Nutrition Facts

4 Servings per container	
Serving Size	1 bagel
Amount Per Serving	
Calories	260
% Daily Value*	
Total Fat 6	8%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 590 mg	26%
Total Carbohydrates 53 g	19%
Dietary Fiber 4 g	14%
Total Sugars 6 g	
Includes 6 g Added Sugars	12%

Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 28 mg	2%
Iron 1.6 mg	8%
Potassium 75 mg	2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		Dist Prod Code		GTIN		Calculated Pack	
120620450		560435		10671521471319		24 x 3.5OZ	
Brand			Brand Owner			GPC Description	
Little Northern Bakehouse			Vibrant Health Products Inc.			Bread (Frozen)	
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
6.078 LBR	5.291 LBR	No		Canada		Undeclared	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
14.688 INH	13.125 INH	4.938 INH	0.551 FTQ	9x9	365 Days	-13 FAH / -0.4 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS

The product shall be transported and stored frozen at a temperature less than or equal to -18 ° C (0 ° F)

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - NI
- Sesame - N
- Crustaceans - N

INGREDIENTS

Water, gluten-free flour blend (modified tapioca starch, brown rice flour, potato starch, corn starch), cane sugar, sunflower oil psyllium husk, contains 2 percent or less of baking powder, pea hull fiber, salt, cellulose gum, rice bran, modified cellulose, yeast, cultured cane sugar.

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PREPARATION & COOKING SUGGESTIONS

Little Northern Bakehouse Bagels have a shelf life of 9 days at room temperature. To extend shelf life, keep product in the freezer and follow these thawing instructions: 1. Remove product pack from the freezer. 2. Place the product pack in an ambient well-ventilated area. Do not thaw in the refrigerator, choosing a warmer spot will thaw the product quicker and maintain the quality. It is recommended to thaw the bagels overnight to have ready for use the following day. Or, thaw by the bagel (<30 minutes) to use as needed. Things to remember: 1. Do not thaw within the box or in refrigerator 2. Choose an ambient well-ventilated area to thaw the bagels. 3. Store on the counter at room temperature. Do not store in the fridge to avoid dryness. Do not store on top of the fridge to avoid reduced shelf life.

SERVING SUGGESTIONS

The ultimate au naturel foundation for whatever sweet or savory topping or filling combination you can dream up, our Plain bagels give you complete freedom to express your inspired, gluten-free self. Our bagels are perfect right out of the bag or toasted, great for breakfast or lunch as open face or a sandwich.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	260	Total Fat	6	Sodium	590 mg
Protein	2 g	Trans Fat	0 g	Calcium	28 mg
Total Carbohydrates	53 g	Saturated Fat	0.5 g	Iron	1.6 mg
Sugars	6 g	Added Sugars	6 g	Potassium	75 mg
Dietary Fiber	4 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

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