



We crafted a gluten-free bagel that proudly lives up to our commitment to giving you baked goods that aren't just good for gluten-free, they're good, period. These mouthwateringly scrumptious gluten-free bagels can take you from breakfast, to bagelwich-and beyond!



MARKETING

Gluten Free, 100% plant based + egg free, Non-GMO verified, Vegan, Peanut + Nut Free, Glyphosate Free, Kosher, Allergy friendly.. The ultimate au naturel foundation for whatever sweet or savoury topping or filling combination you can dream up, our Plain bagels give you complete freedom to express your inspired, gluten-free self.. All taste. No Gluten. Finally, delicious gluten free bagels! Vegan, allergy friendly, Non-GMO Project Verified bagels everyone will enjoy! Nothing beats a classic, practically perfect in every way.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
120620450	560435	10671521471319	24 x 3.5OZ

Brand	Brand Owner	GPC Description
Little Northern Bakehouse	Vibrant Health Products Inc.	Bread (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
6.08 LBR	5.29 LBR	No	Canada	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.56 INH	13.07 INH	4.88 INH	0.54 FTQ	9x9	365 Days	-13 FAH / -0.4 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N

Eggs - N

Soy - N

Wheat - N

Sesame - N

Peanuts - N

Tree Nuts - N

Fish - N

Shellfish - NI

SERVING SUGGESTIONS

Use the bagels toasted or untoasted, apply spread or toppings of choice for breakfast or as a sandwich.

Nutrition Facts

4 Servings per container

Serving Size1 bagel

Amount Per Serving

Calories260

% Daily Value*

Total Fat	6	8%
Saturated Fat	0.5 g	3%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	430 mg	19%
Total Carbohydrates	53 g	19%
Dietary Fiber	5 g	18%
Total Sugars	6 g	
Includes 6 g Added Sugars		12%
Protein	1 g	
Vitamin D	0 mcg	0%
Calcium	104 mg	8%
Iron	1 mg	6%
Potassium	57 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

The product shall be transported and stored frozen at a temperature less than or equal to -18 ° C (0 ° F)

PREPARATION & COOKING SUGGESTIONS

Little Northern Bakehouse Bagels have a shelf life of 9 days at room temperature. To extend shelf life, keep product in the freezer and follow these thawing instructions: Remove bagel pack from the freezer. Place the bagel pack in an ambient temperature well-ventilated area (around 20 ° C (68 ° F). Do not thaw in the refrigerator, choosing a warmer spot will thaw the bagels quicker and maintain the quality.

MORE INFORMATION

Little Northern Bakehouse

560435 - Little Northern Bakehouse Gluten Free Plain Bagels



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NUTRITIONAL ANALYSIS



Calories	260	Total Fat	6	Sodium	430 mg
Protein	1 g	Trans Fat	0 g	Calcium	104 mg
Total Carbohydrates	53 g	Saturated Fat	0.5 g	Iron	1 mg
Sugars	6 g	Added Sugars	6 g	Potassium	57 mg
Dietary Fiber	5 g	Polyunsaturated Fat	1.5 g	Zinc	
Lactose		Monounsaturated Fat	3 g	Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



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