## 560435 - Little Northern Bakehouse Gluten Free Plain Bagels

We crafted a gluten-free bagel that proudly lives up to our commitment to giving you baked goods that aren't just good for gluten-free, they're good, period. These mouthwateringly scrumptious gluten-free bagels can take you from breadfast, to bagelwich-and beyond!





### MARKETING

in every way.

Gluten Free, 100% plant based + egg free, Non-GMO verified, Vegan, Peanut + Nut Free, Glyphosate Free, Kosher, Allergy friendly.. The ultimate au naturel foundation for whatever sweet or savoury topping or filling combination you can dream up, our Plain bagels give you complete freedom to express your inspired, gluten-free self.. All taste. No Gluten. Finally, delicious gluten free bagels! Vegan, allergy friendly, Non-GMO Project Verified bagels everyone will enjoy! Nothing beats a classic, practically perfect

# PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
120620450	560435	10671521471319	24 x 3.5OZ

Brand		Brand Owner	GPC Description	
	Little Northern Bakehouse	Vibrant Health Products Inc.	Bread (Frozen)	

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
6.08 LBR	5.29 LBR	No	Canada	Yes	No

Shipping							
	Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
	14.56 INH	13.07 INH	4.88 INH	0.54 FTQ	9x9	365 Days	-13 FAH / -0.4 FAH

# **Nutrition Facts**

4 Servings per container

Serving Size 1 bagel

**Amount Per Serving Calories** 

2%

	% Daily value
Total Fat 6	8%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 430 mg	19%
<b>Total Carbohydrates</b> 53 g	19%
Dietary Fiber 5 g	18%

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Total Sugars 6 g	
Includes 6 g Added Sugars	12%

Protein 1 g	
Vitamin D 0 mcg	0%
Calcium 104 mg	8%
Iron 1 mg	6%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

## **ALLERGENS**



SERVING SUGGESTIONS



Use the bagels toasted or untoasted, apply spread or toppings of choice for breakfast or as a sandwich.

# C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info' (취) Milk - N

( Peanuts - N



নি) Tree Nuts - N

Shellfish - NI



Fish - N

🛞 Wheat - N

Sesame - N

# **INGREDIENTS**

Potassium 57 mg

Water, gluten-free flour blend(modified tapioca starch, brown rice flour, potato starch, corn starch), cane sugar, sunflower oil, psyllium husk, baking powder (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), pea fiber, salt, modified cellulose, rice bran, yeast, cellulose gum, cultured cane sugar.

### HANDLING SUGGESTIONS



The product shall be transported and stored frozen at a temperature less than or equal to -18 ° C (0 ° F)

## PREPARATION & COOKING SUGGESTIONS



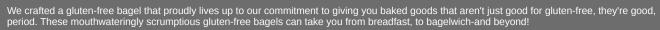
Little Northern Bakehouse Bagels have a shelf life of 9 days at room temperature. To extend shelf life, keep product in the freezer and follow these thawing instructions: Remove bagel pack from the freezer. Place the bagel pack in an ambient temperature well-ventilated area (around 20 ° C (68 ° F). Do not thaw in the refrigerator, choosing a warmer spot will thaw the bagels quicker and maintain the quality.

# MORE INFORMATION



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NUTRITIONAL ANALYSIS

Calories	260
Protein	1 g
Total Carbohydrates	53 g
Sugars	6 g
Dietary Fiber	5 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	6
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	6 g
Polyunsaturated Fat	1.5 g
Monounsaturated Fat	3 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	430 mg
Calcium	104 mg
Iron	1 mg
Potassium	57 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

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