



High Liner Foodservice Signature, 4.54 kg / 10 lb, Individually Quick Frozen, Haddock Portions, Restaurant Cut, approx 85 g / 3 oz

High Liner Foodservice Signature Individually Quick Frozen, Restaurant Cut, Haddock Portions, is low in fat, and low in saturated fat. Haddock has no trans fat and is an excellent source of protein. These bias cut portions allow for better plate coverage and perfect for center of plate selections.

Product Last Saved Date: 17 February 2025



HIGH LINER
FOODSERVICE™

Nutrition Facts

Servings per container

Serving Size Per about 1 portion (85 g)

Amount Per Serving

Calories 60

% Daily Value*

Total Fat 0.4 g **1%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 45 mg **%**

Sodium 180 mg **8%**

Total Carbohydrates 0 g **%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes Added Sugars **%**

Protein 14 g

Vitamin D **%**

Calcium 10 mg **1%**

Iron 0.1 mg **1%**

Potassium 250 mg **5%**

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

| Code | GTIN | Type Of Catch |
|------|----------------|---------------|
| 1123 | 10061763011235 | |

| Brand | GPC Description |
|----------------------------------|--|
| High Liner Foodservice Signature | Fish - Unprepared/Unprocessed (Frozen) |

| Gross Weight | Net Weight | Country of Origin | Kosher | Gluten Free |
|--------------|------------|-------------------|------------|-------------|
| 4.989 KGM | | | Undeclared | No |

| Shipping Information | | | | | | |
|----------------------|--------|----------|------------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 37.8 CMT | 32 CMT | 11.5 CMT | 0.0139 MTQ | 9x16 | 540 Days | -25 CEL / -18 CEL |

Ingredients :

Haddock. Contains: Haddock (fish).

| Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'): | | |
|--|-----------------|---------------|
| Eggs - NI | Milk - NI | Soy - NI |
| Fish - NI | Wheat - NI | TreeNuts - NI |
| Peanuts - NI | Crustacean - NI | Sesame - NI |

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FOR BEST RESULTS cook from frozen. Cook until a minimum internal temperature of 158°F (70°C) is reached. TO THAW place in refrigerator overnight. DO NOT THAW in warm water or at room temperature.

Serving Suggestions:

Can be used in many different dishes including tacos, chowder and battered fish and chips.

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: No

CN Statement:



Information subject to change without notice at the discretion of High Liner Foods (USA)
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