Beecher's

100841 - Red Lentil Soup Vegan

Beecher's Red Lentil Soup is made from nutty red lentils balanced with tomatoes and spices in a flavorful vegetable broth – making for a quick and convenient vegan meal that's also gluten-free!



MARKETING

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PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description
10084	10782045100842	8/16 OZ

Brand	Brand Owner	GPC Description
Beecher's	Beechers Handmade Cheese	Soups - Prepared (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
9 LBR	8 LBR	No	Canada	Undeclared	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
14.6 INH	7.67 INH	8.66 INH	0.56 FTQ	15x07	478 Days	-5 FAH / -2.5 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

Nutrition Facts

2 Servings per container

Serving Size **245 grams**

Amount Per Serving

Calories **170**

	% Daily Value*
Total Fat 4.5 g	**6%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 810 mg	**35%**
Total Carbohydrates 25 g	**9%**
Dietary Fiber 5 g	**18%**
Total Sugars 4 g	
Includes 0 g Added Sugars	**0%**
Protein 8 g	
Vitamin D 0 mcg	0%
Calcium 40 mg	4%
Iron 3 mg	15%
Potassium 404 mg	8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Keep refrigerated---UNIT UPC: 782045100845---

ALLERGENS

__C__ = 'Contains' ; __MC__ = 'May Contain' ; __N__ = 'Free From' ; __UN__ = 'Undeclared' ; __INII__ = 'Intentionally nor Inherently Included'; __50__ = 'Derived from Ingredients' ; __60__ = 'Not Derived From Ingredients' ; __NI__ = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N
- Crustaceans - N
- Molluscs - N

INGREDIENTS

Vegetable stock (water, vegetable stock concentrate [non-GMO potato starch, carrots, salt, cane sugar, celery, onions, onion powder, garlic powder, spices, celeriac, green peas, spinach, lettuce and/or chicory, red beet]), ground tomatoes (tomatoes, tomato puree, salt), red lentils, onions, lemon juice, contains 2% or less of: tomato paste, non-GMO canola oil, cilantro, sea salt, garlic puree, spices, turmeric.

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PREPARATION & COOKING SUGGESTIONS

Microwave: Pour thawed soup into microwave-safe container. Heat on high for 5 minutes, stirring occasionally, until soup is hot (165°F). Stove Top: Pour thawed soup into saucepan and heat, stirring occasionally, until soup is hot (165°F).

SERVING SUGGESTIONS

1 cup = 1 serving

MORE INFORMATION