

# High Liner Foodservice Signature, 4.54 kg / 10 lb, Individually Quick Frozen Pacific Halibut Fletches, 227 - 454 g / 8 - 16 oz

highlinerfoodservice.com

Product Last Saved Date: 17 February 2025



## Nutrition Facts

Servings per container

**Serving Size** **Per 100 g**

Amount Per Serving

**Calories** **90**

% Daily Value\*

**Total Fat** 1.5 g **2%**

Saturated Fat 0.3 g **2%**

Trans Fat 0 g

**Cholesterol** 50 mg **%**

**Sodium** 70 mg **3%**

**Total Carbohydrates** 0 g **%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes Added Sugars **%**

**Protein** 19 g

Vitamin D **%**

Calcium 10 mg **1%**

Iron 0.2 mg **1%**

Potassium 450 mg **10%**

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
8895	10061763088954	

Brand	GPC Description
High Liner Foodservice Signature	Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.407 KGM			Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
44.3 CMT	25.8 CMT	13.5 CMT	0.0154 MTQ	9x13	540 Days	-25 CEL / -18 CEL

### Ingredients :

Pacific halibut fillets. Contains: Pacific halibut (fish).

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

### Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FOR BEST RESULTS, COOK FROM FROZEN. Cook until a minimum internal temperature of 158°F (70°C) is reached. To thaw, place in refrigerator overnight. Do not thaw in warm water or at room temperature.

### Species / Scientific Name:

### Serving Suggestions:

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### Claims & Child Nutrition:

BAP Certified:  
 MSC Certified: Yes  
 Has CN Statement: No  
 CN Statement:

