

# 570756 - 12" Wheat Submarine Roll

Classic 12" Hearty Wheat sliced Sub Roll



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
5506	570756	10635790001127	36 x 6 OZ

Brand	Brand Owner	GPC Description
Costanzo's Bakery	Costanzos Bakery	Bread (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
16.19 LBR	13.5 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
25 INH	13.25 INH	9.5 INH	3181.92 INQ	6x9	365 Days	0 FAH / 32 FAH

## Nutrition Facts

Servings per container	1/2 roll
<b>Serving Size</b>	<b>1/2 roll</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>240</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 2	<b>3%</b>
Saturated Fat 0.5 g	<b>3%</b>
Trans Fat	
<b>Cholesterol</b>	<b>%</b>
<b>Sodium</b> 430 mg	<b>19%</b>
<b>Total Carbohydrates</b> 49 g	<b>18%</b>
Dietary Fiber 1 g	<b>4%</b>
Total Sugars 4 g	
Includes Added Sugars	<b>%</b>
<b>Protein</b> 8 g	
Vitamin D	%
Calcium 67 mg	6%
Iron 3 mg	15%
Potassium 105 mg	2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## HANDLING SUGGESTIONS



Keep frozen. Thaw before use.

## SERVING SUGGESTIONS



Ready to Eat

## PREPARATION & COOKING SUGGESTIONS



Ready to Eat

## INGREDIENTS



Unbleached Unbromated Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Water, Sugar, Contains 2% or less: Cracked Wheat, Wheat Bran, Yeast, Salt, Palm Oil, Cultured Wheat Flour, Dough Conditioner (Wheat Flour, Malted Barley Flour, Enzymes, Ascorbic Acid), Molasses, Wheat Gluten, Caramel Color (Sulfites), Calcium Sulfate, Wheat Starch, .

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - MC
- Eggs - MC
- Soybean - MC
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N

## MORE INFORMATION



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## NUTRITIONAL ANALYSIS



Calories	240
Protein	8 g
Total Carbohydrates	49 g
Sugars	4 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2
Trans Fat	
Saturated Fat	0.5 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	430 mg
Calcium	67 mg
Iron	3 mg
Potassium	105 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS

