



## 1/10 LB Brewer's Choice Battered Haddock Strips, Approx. 2 oz, MSC

These High Liner Foods Brewer's Choice® Battered Haddock Portions feature wild caught Haddock dipped in specially seasoned batter made with real beer. This seals in the Haddock's mild, sweet flavor, and melt-in-your mouth texture for that crunchy, flaky fish bite patrons can't resist. Each comes fryer or oven ready, requires minimal prep, and cooks from frozen to crunchy, tender perfection in minutes with exceptional plate coverage. A truly distinctive treat for beer lovers and non-beer lovers that fits a range of applications.

Product Last Saved Date: 02 December 2024



**HIGH LINER**  
FOODSERVICE™

## Nutrition Facts

40 Servings per container

**Serving Size 4 oz (112g/About 2 Strips)**

Amount Per Serving

**Calories 220**

% Daily Value\*

**Total Fat** 10 g **13%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

**Cholesterol** 35 mg **12%**

**Sodium** 640 mg **28%**

**Total Carbohydrates** 19 g **7%**

Dietary Fiber 1 g **2%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

**Protein** 13 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 0.4 mg 2%

Potassium 210 mg 4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
10001660	10073538016604	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

### Ingredients :

HADDOCK, BLEACHED WHEAT FLOUR, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, SOYBEAN OIL, AND/OR SUNFLOWER OIL), WATER, BEER (WATER, BARLEY MALT, RICE, HOPS AND YEAST), YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, WHEAT FLOUR, SALT, SUGAR, WHITE CORN FLOUR, SPICES, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), NATURAL FLAVORS, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE). CONTAINS: FISH (HADDOCK), WHEAT

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - N	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for about 4 minutes. TO BAKE: Place frozen strips on a lightly oiled baking pan. CONVECTION OVEN: Preheat oven to 400°F and bake for 12-14 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 16-18 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

### Serving Suggestions:

These Brewer's Choice® Battered Haddock Portions are ideal for authentic fish and chips, appetizers, or as a sandwich with thick cut fries and coleslaw. They pair well with malt vinegar, traditional seafood sauces, or your own complementary sauce recipe.

### Species / Scientific Name:

Haddock - *Melanogrammus aeglefinus*

### Claims & Child Nutrition:

BAP Certified:  
MSC Certified: Yes  
Has CN Statement: No  
CN Statement:

