



MARKETING

Great source of protein in a plant-based dish;High quality, farm-fresh flavor and color;Reduces costly labor—just heat and serve;Consistent year-round quality and pricing

Nutrition Facts

13 Servings per container

Serving Size2/3 cup (84g)

Amount Per Serving

Calories100

% Daily Value*

Total Fat 4 g5%

Saturated Fat 0.5 g3%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 5 mg0%

Total Carbohydrates 6 g2%

Dietary Fiber 4 g14%

Total Sugars 2 g

Includes 0 g Added Sugars0%

Protein 9 g

Vitamin D 0 mcg0%

Calcium 50 mg4%

Iron 1.8 mg10%

Potassium 405 mg8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
10071179522768		10071179522768		6/2.5 lbs		
Brand		Brand Owner		GPC Description		
Simplot Simple Goodness™		Simplot Global Food, LLC		Vegetables - Prepared/Processed (Frozen)		
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
16.25 LBR	15 LBR	No	China	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.375 INH	12 INH	5.125 INH	0.476 FTQ	12x11	730 Days	-10 FAH / 10 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
TRACEABILITY_REGULATION		FSMA204	NOT_APPLICABLE		NOT_COVERED_BY_FTL	

HANDLING SUGGESTIONS

Keep frozen 0°F or below

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; INII = 'Intentionally nor Inherently Included' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - N

Eggs - N

Soybean - C

Wheat - N

Sesame - N

Molluscs - N

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

INGREDIENTS

SOYBEANS. CONTAINS: SOY.

PREPARATION & COOKING SUGGESTIONS

Stove Top / Sauté STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 8 minutes, stirring as needed.

SERVING SUGGESTIONS

This shelled edamame offers bright green color, delicious flavor and texture. Perfect for grain bowls, salads, and vegan and vegetarian recipes. Edamame is the only vegetable that contains all nine essential amino acids, serving as a complete protein for a healthful diet.

MORE INFORMATION

