



10 Lb (4.54 kg) Oven Ready Battered Pollock Wedge 4 oz, CN

High Liner Foodservice Oven Ready Battered Pollock Wedges deliver the perfect blend of delicate crunch and tender, flavorful flaky fish. Formed from premium wild caught Pollock, these wedges are dipped in kid-friendly seasoned batter. Each deep fries or bakes from frozen to crunchy perfection in no time, with excellent plate coverage and appeal for Child Nutrition applications, and more.

Product Last Saved Date: 31 July 2025



Nutrition Facts

40 Servings per container
Serving Size 1 Portion (112g)

Amount Per Serving
Calories 220

	% Daily Value*
Total Fat 11 g	14%
Saturated Fat 2 g	10%
Trans Fat 0 g	
Cholesterol 50 mg	17%
Sodium 450 mg	20%
Total Carbohydrates 16 g	6%
Dietary Fiber 0 g	0%
Total Sugars 1 g	
Includes 1 g Added Sugars	2%

Protein 15 g	
Vitamin D 1 mcg	6%
Calcium 13 mg	2%
Iron 1 mg	6%
Potassium 271 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :		
Code	GTIN	Type Of Catch
10022263	00079149222635	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	547 Days	-10 FAH / 0 FAH

Ingredients :						
66.0% POLLOCK, 34.0% BATTER AND BREADING: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, SUGAR, ENRICHED YELLOW CORN FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SALT, IODIZED SALT (IODIZED SALT), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), EGGS, NONFAT MILK, CARAMEL COLOR, EXTRACTIVES OF PAPRIKA AND TURMERIC (COLOR). PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: POLLOCK (FISH), WHEAT, MILK, EGGS						

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):		
Eggs - C	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen portions on a lightly oiled sheet pan. CONVECTION OVEN: Bake at 375°F for about 18 minutes. CONVENTIONAL OVEN: Bake at 425°F for about 20 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 158°F MINIMUM.

Serving Suggestions:

Ideal for school lunch entrées with nutritional side, as well as restaurant fish baskets and seafood platters. Pairs well with tartar sauce or your own complementary sauce recipe.

Species / Scientific Name:

Pollock - Gadus chalcogrammus

Claims & Child Nutrition:

BAP Certified:
MSC Certified:
Has CN Statement: Yes
CN Statement: ONE 4.00 OZ OVEN READY BATTERED FISH PORTION PROVIDES 2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. DISCLAIMER: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.





10022263 - 10 Lb (4.54 kg) Oven Ready Battered Pollock Wedge 4 oz, CN

CN Information:

CN Statement : ONE 4.00 OZ OVEN READY BATTERED FISH PORTION PROVIDES 2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. DISCLAIMER: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.

Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

Oven Ready
Battered Pollock
Wedge 4 oz

10022263

LOT #: 1234567890

INDIVIDUALLY
QUICK FROZEN

KEEP FROZEN

DO NOT
REFREEZE

MANUFACTURED BY: HIGH LINER
FOODS, PORTSMOUTH, NH 03801
FOR INQUIRIES CALL: 1-888-860-3864
www.highlinerfoodservice.com

TMTrademark of High Liner Foods
Incorporated

2566480

COOKING INSTRUCTIONS FROM FROZEN:

TO BAKE: Place frozen portions on a lightly oiled sheet pan.

CONVECTION OVEN: Bake at 375°F for about 18 minutes.

CONVENTIONAL OVEN: Bake at 425°F for about 20 minutes.

NOTE: COOK TO AN INTERNAL TEMPERATURE OF 158°F MINIMUM.

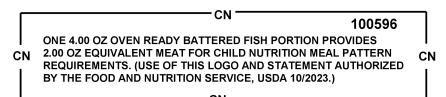
INGREDIENTS: 66.0% POLLOCK, 34.0% BATTER AND BREADING: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, SUGAR, ENRICHED YELLOW CORN FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SALT, IODIZED SALT (IODIZED SALT), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), EGGS, NONFAT MILK, CARAMEL COLOR, EXTRACTIVES OF PAPRIKA AND TURMERIC (COLOR). PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL.

CONTAINS: POLLOCK (FISH), WHEAT, MILK, EGGS

NET WT 10 Lb (4.54 kg)



00079149222635



DISCLAIMER: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.

10022263



00079149222635



EST. # 045

High Liner Bid Desk Contact and Specification Verification:

Dawn Enos / Sales Operations Manager k12

PH: 603-818-5334

Email: dawn.enos@highlinerfoods.com